Skilled nursing facility prior authorization and inpatient admission process

Skilled nursing facilities (SNFs) need an approved authorization before admitting UnitedHealthcare® Medicare Advantage, Dual Special Needs Plans (D-SNP), dual eligible and commercial plan members. The discharging hospital or SNF can submit the request.

Plans excluded:

- UnitedHealthcare Institutional Special Needs Plans (I-SNP)
- Any Medicare Advantage members included in a delegated risk agreement to health care professional medical groups. Contact the delegated medical group for authorization requirements.

Please use the following process to complete the prior authorization request before admitting patients to SNFs.

Step 1: Verify member's eligibility and benefits

Verify the member's eligibility and benefits using the Eligibility tool on the UnitedHealthcare Provider Portal. To access this tool, go to **UHCprovider.com** > Sign In (top-right corner) > Eligibility. If you're unable to check eligibility, call the phone number listed on the back of the member's ID card.

Step 2: Request prior authorization

Commercial, Fully Integrated Dual Eligible Applicable Integrated Plans (FIDE AIP) and Highly Integrated Dual Eligible Plans (HIDE)

- Online: Go to UHCprovider.com/paan or login the UnitedHealthcare Provider Portal at UHCprovider.com > Sign In with your One Healthcare ID > Prior Authorization and Notification. You'll be asked a series of questions that help streamline the prior authorization review process.
- Chat: Connect with us through chat 24/7 in the UnitedHealthcare Provider Portal.



Medicare Advantage and D-SNP

Medicare Advantage and D-SNP members in all markets are managed by Home and Community Care Transitions. Submit your prior authorization through Home and Community Care Transitions:

- Online: Go to UHCprovider.com/PAAN or access.navihealth.com
- Phone: Contiguous United States and Alaska 855-851-1127; Hawaii only 833-517-2770
- Fax: 844-244-9482
- Website: Go to access.navihealth.com for additional information

We'll give you an authorization number through the UnitedHealthcare Provider Portal so you can track the inpatient admission. This authorization confirmation number isn't a determination of coverage or a guarantee of payment. Nurses and medical directors will review the clinical information provided and make a coverage determination. Either we or Home and Community Care Transitions will notify you by phone, the UnitedHealthcare Provider Portal or the Home and Community Care Transitions online portal, **Access**, once we've decided.

Step 3: Admission

Commercial, Fully Integrated Dual Eligible Applicable Integrated Plans (FIDE AIP) and Highly Integrated Dual Eligible Plans (HIDE)

Notify us within 24 hours of the patient's admission to your facility. Go to the UnitedHealthcare Provider Portal at **UHCprovider.com** > Sign In with your One Healthcare ID > Prior Authorization and Notification or connect with us through chat 24/7 in the **UnitedHealthcare Provider Portal**. You have until 5 p.m. local time Monday-Friday to notify us. Submissions after 5 p.m. or on a weekend or holiday will roll to the following business day.

Medicare Advantage and D-SNP

Provide notification of the patient's admission to Home and Community Care Transitions within 24 hours for weekday admissions or by 5 p.m. local time on the next business day for weekend and holiday admissions. Notify your designated Home and Community Care Transitions skilled inpatient care coordinator (SICC) of admission or use the **Access Portal** > Login by entering the admit date in the "case comments."

Step 4: Clinical review

Each admission requires a clinical review. Send the member's clinical information through the UnitedHealthcare Provider Portal at **UHCprovider.com** > Sign In with your One Healthcare ID > Prior Authorization and Notification, or send to your SICC on the third day of their stay and then weekly until the member is discharged. For our clinical review, please include:

- Physician's orders, physician's name and phone number
- Initial physical, physical therapy/occupational therapy/speech therapy evaluations and any progress notes
- Proposed stay or treatment length
- Discharge plan
- Other medical information, such as:
 - Lab results, follow-up appointments, wound care assessments and psychosocial assessments



Step 5: Inpatient discharge

Discharge planning should begin on the day of admission. When the member no longer meets inpatient SNF criteria and is ready for discharge to a lower level of care, your facility should order durable medical equipment, home health or outpatient services as needed. Please schedule their primary care provider (PCP) visit before discharge. Upon discharge, provide the member with discharge instructions and their medication list.

When discharging patients with commercial plans, FIDE AIP and HIDE

Please notify us of the member's discharge date and disposition using the Prior Authorization and Notification tool on the UnitedHealthcare Provider Portal. Go to **UHCprovider.com** > Sign In with your One Healthcare ID > Prior Authorization and Notification. If you're unable to use the portal, for chat options and contact information, visit **UHCprovider.com/contactus**.

When discharging patients with Medicare Advantage and D-SNP plans

- Home and Community Care Transitions issues the **Notice of Medicare Non-Coverage** (NOMNC) and emails it to the SNF
- The SNF asks the member to sign the NOMNC form at least 2 days before the end of the member's SNF stay
- The SNF returns the signed NOMNC to Home and Community Care Transitions by close of business on the day NOMNC is signed
 - Send signed copy by uploading it to the Home and Community Care Transitions portal, Access, replying to the Home and Community Care Transitions email or faxing to 844-244-9482. Call 855-851-1127 if you need help sending the form
- Use standard guidelines outlined by the Centers for Medicare & Medicaid Services (CMS) in the Code of Federal Regulations (42 CFR 422.624).

Find frequently asked questions on the **Home & Community Care Transitions Partner Resource** site.



Questions? We're here to help.

Call your SNF provider engagement representative or connect with us through chat 24/7 in the **UnitedHealthcare Provider Portal**

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Health plan coverage provided by UnitedHealthcare of Arizona, Inc., UHC of California DBA UnitedHealthcare of California, UnitedHealthcare Benefits Plan of California, UnitedHealthcare of Colorado, Inc., UnitedHealthcare of the Mid-Atlantic, Inc., MAMSI Life and Health Insurance Company, UnitedHealthcare of New York, Inc., UnitedHealthcare of Oklahoma, Inc., UnitedHealthcare of Oregon, Inc., UnitedHealthcare of Pennsylvania, Inc., UnitedHealthcare of Texas, Inc., UnitedHealthcare Benefits of Texas, Inc., UnitedHealthcare Benefits of Texas, Inc., UnitedHealthcare of Utah, Inc., UnitedHealthcare of Washington, Inc., Optimum Choice, Inc., Oxford Health Insurance, Inc., Oxford Health Plans (NJ), Inc., Oxford Health Plans (CT), Inc., All Savers Insurance Company, or other affiliates. Administrative services provided by OptumHealth Care Solutions, LLC, Optum Rx, Oxford Health Plans LLC, United HealthCare Services, Inc., or other affiliates. Behavioral health Plans (USBHPC), United Behavioral Health (UBH), or its affiliates.

