

Please complete this entire form and fax it to: **866-940-7328**. If you have questions, please call **800-310-6826**.

**This form contains multiple pages. Please complete all pages to avoid a delay in our decision.
Allow at least 24 hours for review.**

Section A – Member Information

| | | |
|--------------------|------------|------------|
| First Name: | Last Name: | Member ID: |
| Address: | | |
| City: | State: | ZIP Code: |
| Phone: | DOB: | Allergies: |
| Primary Insurance: | Policy #: | Group #: |

Is the requested medication **New or** **Continuation of Therapy? If continuation, list start date:** _____
Is this patient currently hospitalized? **Yes** **No** **If recently discharged, list discharge date:** _____

Section B - Provider Information

| | | | | |
|---|------------|--------|------------|-----------|
| First Name: | Last Name: | | | M.D./D.O. |
| Address: | City: | State: | ZIP code: | |
| Phone: | Fax: | NPI #: | Specialty: | |
| Office Contact Name / Fax attention to: | | | | |

Section C - Medical Information

| | |
|--|---------------------|
| Medication: | Strength: |
| Directions for use: | Quantity: |
| Diagnosis (Please be specific & provide as much information as possible): | ICD-10 CODE: |

Is this member pregnant? **Yes** **No** **If yes, what is this member's due date?** _____

Section D – Previous Medication Trials

| Medications | Strength | Directions | Dates of Therapy | Reason for failure / discontinuation |
|-------------|----------|------------|------------------|--------------------------------------|
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**Section E – Additional information about this case, if any:
Please refer to the patient's PDL at www.uhcprovider.com for a list of preferred alternatives**

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| Member First name: | Member Last name: | Member DOB: |
|--------------------|-------------------|-------------|

Clinical and Drug Specific Information

Yes No Does the prescriber attest to ALL of the following: (REQUIRED)

- The information provided is true and accurate to the best of their knowledge and they understand that UnitedHealthcare may perform a routine audit and request the medical information necessary to verify the accuracy of the information provided.
- Patient has been screened for substance abuse/opioid dependence
- Pain is moderate to severe and expected to persist for an extended period of time [chronic] (*Long-acting opioids only*)

Prescriber's Signature: _____ **Date:** _____

Opioid overdose reversal medications are a covered benefit without prior authorization. CDC guidelines recommend offering naloxone to patients at increased risk of overdose, defined as: history of overdose or substance use disorder, doses > 50 MME/day, or concurrent use with benzodiazepines. Please refer to Preferred Drug Plan for preferred products

ALL REQUESTS

| | | | | | | | | | |
|--|--|---|--|---|---------------------------------------|---------------------------------------|---|--|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No | <p>Does the patient meet any of the following conditions or care instances? (<i>If yes, check all that apply</i>)</p> <table style="width:100%; border: none;"> <tr> <td><input type="checkbox"/> Cancer diagnosis</td> <td><input type="checkbox"/> Palliative care</td> </tr> <tr> <td><input type="checkbox"/> End-of-life care</td> <td><input type="checkbox"/> Post-surgery</td> </tr> <tr> <td><input type="checkbox"/> Hospice care</td> <td><input type="checkbox"/> Sickle cell anemia</td> </tr> <tr> <td><input type="checkbox"/> Non-cancer pain</td> <td></td> </tr> </table> | <input type="checkbox"/> Cancer diagnosis | <input type="checkbox"/> Palliative care | <input type="checkbox"/> End-of-life care | <input type="checkbox"/> Post-surgery | <input type="checkbox"/> Hospice care | <input type="checkbox"/> Sickle cell anemia | <input type="checkbox"/> Non-cancer pain | |
| <input type="checkbox"/> Cancer diagnosis | <input type="checkbox"/> Palliative care | | | | | | | | |
| <input type="checkbox"/> End-of-life care | <input type="checkbox"/> Post-surgery | | | | | | | | |
| <input type="checkbox"/> Hospice care | <input type="checkbox"/> Sickle cell anemia | | | | | | | | |
| <input type="checkbox"/> Non-cancer pain | | | | | | | | | |

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| <input type="checkbox"/> Yes <input type="checkbox"/> No | <p>Have treatment goals been defined and include estimated duration of treatment? <i>If yes, document treatment goals:</i></p> |
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| <input type="checkbox"/> Yes <input type="checkbox"/> No | Has the patient been screened for underlying depression and/or anxiety? |
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| <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not applicable | If applicable, have any underlying conditions been or will be addressed? |
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| <input type="checkbox"/> Yes <input type="checkbox"/> No | <p>Requests for short-acting opioids:</p> <p>If the request is for a non-preferred medication, has the patient had a failure, contraindication or intolerance to three preferred short acting opioids? (<i>If yes, complete Section D above</i>)</p> |
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| <input type="checkbox"/> Yes <input type="checkbox"/> No | <p>Requests for long-acting opioids:</p> <p>Does the patient have a history of failure, contraindication or intolerance to a trial of any of the following? (<i>If yes, check all that apply and complete Section D above</i>)</p> <table style="width:100%; border: none;"> <tr> <td><input type="checkbox"/> Fentanyl transdermal (12, 25, 50, 75, and 100mcg)</td> </tr> <tr> <td><input type="checkbox"/> Hydrocodone extended-release capsules (generic Zohydro ER)</td> </tr> <tr> <td><input type="checkbox"/> Morphine sulfate controlled release tablets (generic MS Contin)</td> </tr> <tr> <td><input type="checkbox"/> Oxycodone ER non-crush resistant (generic)</td> </tr> </table> | <input type="checkbox"/> Fentanyl transdermal (12, 25, 50, 75, and 100mcg) | <input type="checkbox"/> Hydrocodone extended-release capsules (generic Zohydro ER) | <input type="checkbox"/> Morphine sulfate controlled release tablets (generic MS Contin) | <input type="checkbox"/> Oxycodone ER non-crush resistant (generic) |
| <input type="checkbox"/> Fentanyl transdermal (12, 25, 50, 75, and 100mcg) | | | | | |
| <input type="checkbox"/> Hydrocodone extended-release capsules (generic Zohydro ER) | | | | | |
| <input type="checkbox"/> Morphine sulfate controlled release tablets (generic MS Contin) | | | | | |
| <input type="checkbox"/> Oxycodone ER non-crush resistant (generic) | | | | | |

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| <input type="checkbox"/> Yes <input type="checkbox"/> No | Does the patient have a history of failure, contraindication or intolerance to a trial of tramadol immediate release? (<i>If yes, complete Section D above</i>) |
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| <input type="checkbox"/> Yes <input type="checkbox"/> No | <p>Requests for Tramadol 100mg tablets:</p> <p>Is there rationale for needing to use the 100 mg tramadol tablet instead of two 50 mg tramadol tablets? <i>If yes, document rationale:</i></p> |
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| <input type="checkbox"/> Yes <input type="checkbox"/> No | <p>Requests for Qdolo:</p> <p>Does the patient meet any of the following? (<i>If yes, check all that apply</i>)</p> <table style="width:100%; border: none;"> <tr> <td><input type="checkbox"/> Patient has a history of failure, contraindication or intolerance to a trial of tramadol 50 mg tablets (<i>If yes, complete Section D above</i>)</td> </tr> <tr> <td><input type="checkbox"/> Patient is unable to swallow a solid dosage form</td> </tr> <tr> <td><input type="checkbox"/> Patient utilizes a feeding tube for medication administration</td> </tr> </table> | <input type="checkbox"/> Patient has a history of failure, contraindication or intolerance to a trial of tramadol 50 mg tablets (<i>If yes, complete Section D above</i>) | <input type="checkbox"/> Patient is unable to swallow a solid dosage form | <input type="checkbox"/> Patient utilizes a feeding tube for medication administration |
| <input type="checkbox"/> Patient has a history of failure, contraindication or intolerance to a trial of tramadol 50 mg tablets (<i>If yes, complete Section D above</i>) | | | | |
| <input type="checkbox"/> Patient is unable to swallow a solid dosage form | | | | |
| <input type="checkbox"/> Patient utilizes a feeding tube for medication administration | | | | |

| | | |
|--|---|-------------|
| Member First name: | Member Last name: | Member DOB: |
| NEW TO THERAPY FOR SHORT ACTING OPIATES ONLY | | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Does the patient have any of the following? <i>(If yes, check which applies)</i> <input type="checkbox"/> Traumatic injury <input type="checkbox"/> Post-surgical procedures, excluding dental procedures <input type="checkbox"/> Prescriber attests that the patient has received an opioid within the past 60 days | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Does the prescriber attest to both of the following? <i>(If yes, check which applies)</i> <input type="checkbox"/> The information provided is true and accurate to the best of their knowledge and they understand that United HealthCare may perform a routine audit and request the medical information necessary to verify the accuracy of the information provided. <input type="checkbox"/> If requested for traumatic injury or post-surgical procedure, prescriber attests that based on injury or surgical procedure performed the member requires greater than a 7 day supply for patients 20 years and older or greater than a 3 day supply for patients under the age of 20 years of short-acting opioid to adequately control pain. | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Has the provider documented ALL of the following? <i>(If yes, check which applies)</i> <input type="checkbox"/> The diagnosis is associated with the need for pain management with opioids. <input type="checkbox"/> If used in patients with medical comorbidities or if used concurrently with a benzodiazepine or other drugs that could potentially cause drug-drug interactions, the prescriber has acknowledged that they have completed an assessment of increased risk for respiratory depression. <input type="checkbox"/> The prescriber has acknowledged that they have completed an addiction risk and risk of overdose assessment. <input type="checkbox"/> Prescriber attests the member requires more than 50 MME per day to adequately control pain. | |
| CANCER / HOSPICE / END-OF LIFE RELATED PAIN | | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Is the patient being treated for cancer related pain? <i>If yes, list cancer diagnosis:</i> | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Is the patient established on pain therapy with the requested medication for cancer-related pain, hospice related pain, or end-of-life care related pain, and the medication is not a new regimen for treatment of cancer-related pain, hospice, or end-of-life care pain? <i>If yes, document date regimen was started:</i> | |
| NON-CANCER / NON-HOSPICE / NON-END-OF-LIFE RELATED PAIN | | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Is the patient being treated for one of the following? <i>(If yes, check which applies)</i> <input type="checkbox"/> Neuropathic pain (e.g. neuralgias, neuropathies, fibromyalgia) <input type="checkbox"/> Non-neuropathic pain | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Unless it is contraindicated, has the patient exhibited an inadequate response to 8 weeks of treatment with gabapentin titrated to a therapeutic dose? <i>(If yes, complete Section D above)</i> <input type="checkbox"/> Check box if Gabapentin is contraindicated | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Unless it is contraindicated, has the patient exhibited an inadequate response to at least 6 weeks of treatment with a tricyclic antidepressant titrated to the maximum tolerated dose? <i>(If yes, complete Section D above)</i> <input type="checkbox"/> Check box if tricyclic antidepressant is contraindicated | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Prior to the start of therapy with the long-acting opioid, has the patient failed an adequate (minimum of 2 week) trial of a short-acting opioid within the last 30 days? <i>(If yes, complete Section D above)</i> | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Is the request for postoperative pain and the patient is already receiving chronic opioid therapy prior to surgery or the postoperative pain is expected to be moderate to severe and persist for an extended period of time? | |

| | | |
|---------------------------|--------------------------|--------------------|
| Member First name: | Member Last name: | Member DOB: |
|---------------------------|--------------------------|--------------------|

QUANTITY LIMIT & EXCEEDING 90 MME CUMULATIVE THRESHOLD

Please note the plan's quantity limits:

| Active Ingredient | FDA Label Max Daily Doses | Max MME (mg/day) (non treatment naïve) |
|------------------------------|--|---|
| Morphine | None | 90mg |
| Morphine and naltrexone | None | 90mg |
| Hydromorphone | None | 22.5mg |
| Fentanyl transdermal, mcg/hr | None | 37.5 mcg/hr |
| Hydrocodone | None | 90mg |
| Methadone | None | Conversion factor is variable based upon dose |
| Tapentadol | 600mg IR products 500mg ER products | 225mg |
| Oxymorphone | None | 30mg |
| Oxycodone | Xtampza Only =288mg | 60mg |
| Codeine | 360mg | 600mg |
| Pentazocine | None | 243mg |
| Tramadol | 400mg IR products 300mg ER products | 900mg |
| Meperidine | 600mg | 900mg |
| Butorphanol | None | 12.86mg |
| Opium | 4 suppositories/day Deodorized Tincture: 24mg/day Camphorated Tincture: 16mg/day | 90mg |
| Benzhydrocodone | None | 73.77mg |
| Levorphanol | None | 8.18mg |

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| <input type="checkbox"/> Yes <input type="checkbox"/> No | Can the requested dose be achieved by moving to a higher strength of the product? <i>If yes, list reasoning for not switching:</i> |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Does the requested dose exceed the FDA approved limit or maximum Morphine Milligram Equivalents (MME) per day (see table on page above)? <i>If yes, list reason:</i> |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Has the patient tried and failed non-opioid pain medications? <i>(If yes, complete Section D above)</i> |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Have opioid medication doses of less than 90 MME been tried and did not adequately control pain? <i>(If yes, complete Section D above)</i> |

CONTINUATION OF THERAPY

| | |
|--|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Has the prescriber identified rationale for not tapering and discontinuing opioid if treatment goals are not being met? <i>If yes, document rationale:</i> |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Has the patient demonstrated meaningful improvement in pain and function when assessed against treatment goals? <i>If yes, document improvement in function or pain score improvement:</i> |

Physician Signature: _____ **Date:** _____

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