

Anti Narcolepsy Agents

Armodafinil/Modafinil/Lumryz/Sunosi/Wakix/Xyrem/Xywav

Please complete this **entire** form and fax it to: **866-940-7328**. If you have questions, please call **800-310-6826**.
This form may contain multiple pages. Please complete all pages to avoid a delay in our decision. Allow at least 24 hours for review.

Apple Health Preferred Drug list: <https://www.hca.wa.gov/assets/billers-and-providers/apple-health-preferred-drug-list.xlsx>

Section A – Member Information

First Name:	Last Name:	Member ID:
Address:		
City:	State:	ZIP Code:
Phone:	DOB:	Allergies:
Primary Insurance Information (if any):		
Is the requested medication: <input type="checkbox"/> New or <input type="checkbox"/> Continuation of Therapy? If continuation, list start date: _____		
Is this patient currently hospitalized? <input type="checkbox"/> Yes <input type="checkbox"/> No If recently discharged, list discharge date: _____		

Section B - Provider Information

First Name:	Last Name:	M.D./D.O.
Address:	City:	State: ZIP code:
Phone:	Fax:	NPI #: Specialty:
Office Contact Name / Fax attention to:		

Section C - Medical Information

Medication:	Strength:
Directions for use:	Quantity:
Diagnosis (Please be specific & provide as much information as possible):	ICD-10 CODE:
Is this member pregnant? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what is this member's due date? _____	

Section D – Previous Medication Trials

Medication Name	Strength	Directions	Dates of Therapy	Reason for failure / discontinuation

Section E – Additional information and Explanation of why preferred medications would not meet the patient's needs: Please refer to the patient's PDL for a list of preferred alternatives

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1. Indicate the patient's diagnosis

- Idiopathic Hypersomnia confirmed with a sleep study and multiple sleep latency test
- Narcolepsy with Excessive Daytime Sleepiness confirmed with a sleep study and multiple sleep latency test
- Narcolepsy with Cataplexy confirmed with a sleep study and multiple sleep latency test
- Obstructive Sleep Apnea with Excessive Daytime Sleepiness confirmed with a sleep study
- Shift Work Sleep Disorder
- Other. Specify: _____

2. Does patient have a history of failure as stated below, contraindication, or intolerance to any of the following (check all that apply):

- Amphetamine or methylphenidate-based stimulant.
Specify duration of trial (number of consecutive days): _____
- Armodafinil (Nuvigil). Specify duration of trial (number of consecutive days): _____
- Modafinil (Provigil). Specify duration of trial (number of consecutive days): _____
- Pitolisant (Wakix). Specify duration of trial (number of consecutive days): _____
- Sodium oxybate (Xyrem). Specify duration of trial (number of consecutive days): _____
- Solriamfetol (Sunosi). Specify duration of trial (number of consecutive days): _____

Other contraindication or intolerance. Specify drug and describe: _____

3. Is the medication prescribed by, or in consultation with, a neurologist, psychiatrist, or sleep specialist?

- Yes No

4. Has patient had a quantitative assessment completed within the last 6 months (e.g., Epworth Sleepiness Scale, Maintenance of Wakefulness Test)?

- Yes. Specify Score: _____
 No

5. Is this request for a continuation of therapy? Yes No

If yes, does patient have clinical documentation demonstrating the following (check all that apply):

- Disease stability
- Improvement of patient's symptoms
- Patient still requires treatment for shift work sleep disorder
- Positive clinical response
- Reduction of cataplexy events

For diagnosis of Idiopathic Hypersomnia, answer the following:

6. Does the provider attest the cause of hypersomnia is not better explained by another medical disorder, use of substance, or medication? Yes No

For diagnosis of Narcolepsy with Cataplexy, answer the following:

7. Does patient have clinical documentation that supports any of the following (check all that apply):

- Presence of cataplexy (e.g., documented episodes of sudden loss of muscle tone)
- Impairment/limitation of activities of daily living (e.g. unable to attend school, unable to attend work, unable to drive)?

For diagnosis of Obstructive Sleep Apnea with Excessive Daytime Sleepiness, answer the following:

8. Has the patient achieved normalized breathing (< 5 apnea-hypopnea incidences/hr) and oxygenation with continuous positive airway pressure (CPAP) or bilevel positive airway pressure (BIPAP)? Yes No

9. Does patient have documentation within the past 6 months, demonstrating adherence to any of the following (check all that apply)?

- CPAP or BIPAP therapy (CPAP or BIPAP is used for 70% of nights for a minimum of 4 hours per night)
- Mandibular advancement device

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Other. Specify: _____

For diagnosis of Shift Work Sleep Disorder, answer the following:

10. Is there clinical documentation demonstrating concomitant use of nonpharmacologic interventions (i.e., counseling, sleep hygiene)? Yes No

All requests require chart notes

For diagnosis of idiopathic hypersomnia OR narcolepsy, provide the following:

- Sleep study and multiple sleep latency test (MSLT)
- Quantitative assessment within the past 6 months (e.g. Epworth Sleepiness Scale, Maintenance of Wakefulness Test)

For diagnosis of obstructive sleep apnea with excessive daytime sleepiness, provide the following:

- Sleep study
- Quantitative assessment within the past 6 months (e.g. Epworth Sleepiness Scale, Maintenance of Wakefulness Test)
- Documentation of adherence to CPAP/BIPAP therapy or mandibular advancement device compliance in the last 6 months

For continuation of therapy, provide clinical documentation demonstrating disease stability or a positive clinical response.

- For obstructive sleep apnea, documentation of adherence to CPAP/BiPAP or mandibular advancement device is required.
- For narcolepsy with cataplexy continuation of therapy requests, provide clinical documentation showing a reduction of cataplexy events.

For shift work sleep disorder:

- Documentation patient still requires treatment

Prescriber signature

Prescriber specialty

Date