

# UnitedHealthcare Pharmacy Clinical Pharmacy Programs

Program Number	2024 P 2173-6
Program	Prior Authorization/Medical Necessity
Medication	Cetrotide® (cetrorelix acetate)*
P&T Approval Date	8/2019, 8/2020, 8/2021, 8/2022, 8/2023, 5/2024
Effective Date	8/1/2024

# 1. Background:

Cetrotide (cetrorelix acetate) and ganirelix acetate are synthetic decapeptides with gonadotropin-releasing hormone (GnRH) antagonist activity. These agents are indicated to inhibit premature leuteinizing hormone (LH) surges in women undergoing ovarian stimulation followed by insemination or assisted reproductive technology (ART) procedures. <sup>1-3,5</sup>

# 2. Coverage Criteria<sup>a</sup>:

# A. Ovarian Stimulation

- 1. Cetrotide (cetrorelix acetate)\* will be approved based on one of the following criteria:
  - a. All of the following:
    - (1) Diagnosis of infertility

### -AND-

- b. **One** of the following exists:
  - (a) Unexplained infertility
  - (b) Endometriosis
  - (c) Male factor infertility
  - (d) Tubal factor infertility
  - (e) Diminished ovarian reserve
  - (f) Uterine factor infertility
  - (g) Ovulatory dysfunction
  - (h) Recurrent pregnancy loss
  - (i) Failure to achieve conception with other treatment modalities

# -AND-

(2) For the development of one or more follicles (ovarian stimulation)

## -AND-

(3) Will be used in conjunction only with assisted reproductive technology (ART)

### -AND-



(4) History of failure, contraindication, or intolerance to ganirelix acetate (Merck and Co., Inc. and Organon Global Inc. formulations)

#### -OR-

- b. All of the following:
  - (1) Used for fertility preservation

### -AND-

- (2) The individual will undergo at least one of the following that would be associated with causing a primary ovarian insufficiency, infertility, or sterility:
  - (a) Exposure to cytotoxic agents [e.g., Cytoxan (cyclophosphamide), procarbazine, vinblastine, cisplatin]
  - (b) Radiation therapy
  - (c) Invasive surgery

### -AND-

(3) Will be used as part of an assisted reproductive technology (e.g., in vitro fertilization) procedure

### -AND-

(4) History of failure, contraindication, or intolerance to ganirelix acetate (Merck and Co., Inc. and Organon Global Inc. formulations)

## Authorization will be issued for 2 months

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

# 3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply Limits and/or Step Therapy may also be in place

### 4. References:

- 1. Cetrotide [package insert]. Rockland, MA: EMD Serono, Inc.; September 2018.
- 2. Ganirelix acetate [package insert]. Whitehouse Station, NJ: Merck and Co., Inc.; June 2021.
- 3. Ganirelix acetate [package insert]. Parsippany, NJ: Ferring Pharmaceuticals Inc.; June 2021.

<sup>\*</sup>Infertility is typically excluded from coverage. Please refer to plan specifics to determine exclusion status.



- 4. Sahakyan M, Harlow BL, Hornstein MD. Influence of age, diagnosis, and cycle number on pregnancy rates with gonadotropin-induced controlled ovarian hyperstimulation and intrauterine insemination. Fertil Steril 1999; 72: 500-504.
- 5. Ganirelix acetate [package insert]. Jersey City, NJ: Organon Global Inc.; June 2021.

Program	Prior Authorization/Medical Necessity - Cetrotide (cetrorelix acetate)
Change Control	
8/2019	New program.
8/2020	Annual review with no changes to coverage criteria. Updated
	formatting.
8/2021	Annual review with no changes to the clinical coverage criteria.
	Updated background, formatting and references.
8/2022	Annual review. Added Organon Global ganirelix acetate generic as a
	preferred product. Updated exclusion statements and references.
8/2023	Annual review. Updated background and references.
5/2024	Added coverage criteria for fertility preservation for iatrogenic
	infertility. Updated term "controlled ovarian stimulation" to "ovarian
	stimulation".