

#### UnitedHealthcare® Oxford *Clinical Policy*

# **Preventive Care Services**

Policy Number: PREVENTIVE 006.82 Effective Date: April 1, 2025

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Instructions for Use

#### Related Policies

- Breast Imaging for Screening and Diagnosing Cancer
- Cardiovascular Disease Risk Tests
- <u>Colonoscopy Guidelines</u>
- <u>Consultation Services</u>
- <u>Cytological Examination of Breast Fluids for Cancer</u> Screening
- <u>Genetic Testing for Hereditary Cancer</u>
- Long-Acting Injectable Antiretroviral Agents for HIV
- <u>Magnetic Resonance Imaging (MRI) and Computed</u> <u>Tomography (CT) Scan – Site of Service</u>
- Ocular Photoscreening
- Outpatient Surgical Procedures Site of Service
- Participating Providers Using Non-Participating
   <u>Providers Protocol</u>
- Preventive Medicine and Screening
- Preventive Vaccines (Immunizations)
- <u>Screening Colonoscopy Procedures Site of Service</u>

### **Coverage Rationale**

#### Indications for Coverage Introduction

UnitedHealthcare covers certain medical services under the preventive care services benefit. The federal Patient Protection and Affordable Care Act (PPACA) requires non-grandfathered health plans to cover certain "recommended preventive services" as identified by PPACA under the preventive care services benefit, without cost sharing to members when provided by network providers. This includes:

- Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force.
- Immunizations for routine use in children, adolescents and adults that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- With respect to infants, children and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the *Health Resources and Services Administration*.
- With respect to women, such additional preventive care and screenings as provided for in comprehensive guidelines supported by the *Health Resources and Services Administration*.

#### *Member Cost-Sharing* Non-Grandfathered Plans

 Non-grandfathered plans provide coverage for preventive care services with no member cost sharing (i.e., covered at 100% of Allowed Amounts without deductible, coinsurance, or copayment) when services are obtained from a Network provider. • Under PPACA, services obtained from an out-of-network provider are not required to be covered under a plan's preventive benefit and may be subject to member cost sharing. Refer to the member specific benefit plan document for out-of-network benefit information, if any.

### **Grandfathered Plans**

- Plans that maintain grandfathered status under PPACA are not required by law to provide coverage for these preventive services without member cost sharing; although a grandfathered plan may choose to voluntarily amend its plan document to include these preventive benefits.
- Except where there are state mandates, a grandfathered plan might include member cost sharing, or exclude some of the preventive care services identified under PPACA.
- Refer to the member specific benefit plan document for details on how benefits are covered under a grandfathered plan.

### Preventive vs. Diagnostic Services

Certain services can be done for preventive or diagnostic reasons. When a service is performed for the purpose of preventive screening and is appropriately reported, it will be considered under the preventive care services benefit. This includes services directly related to the performance of a covered preventive care service (refer to the <u>Frequently Asked</u> <u>Questions</u> section for additional information.)

Preventive services are those performed on a person who:

- has not had the preventive screening done before and does not have symptoms or other abnormal studies suggesting abnormalities\*; or
- has had screening done within the recommended interval with the findings considered normal; or
- has had diagnostic services results that were normal after which the physician recommendation would be for future preventive screening studies using the preventive services intervals.

\*In the case of a colonoscopy done as a follow-up to a positive stool-based screening (e.g., FIT, FOBT, and fecal DNA) or direct visualization screening (e.g., sigmoidoscopy or CT colonography), refer to FAQ#4 below.

When a service is done for diagnostic purposes, it will be considered under the applicable non-preventive medical benefit. Diagnostic services are done on a person who:

- had abnormalities found on previous preventive or diagnostic studies that require further diagnostic studies; or
- had abnormalities found on previous preventive or diagnostic studies that would recommend a repeat of the same studies within shortened time intervals from the recommended preventive screening time intervals; or
- had a symptom(s) that required further diagnosis; or
- does not fall within the applicable population for a recommendation or guideline.

### **Covered Breastfeeding Equipment**

Personal-use electric breast pump:

- The purchase of a personal-use electric breast pump (HCPCS code E0603).
  - This benefit is limited to one pump per birth. In the case of a birth resulting in multiple infants, only one breast pump is covered.
    - A breast pump purchase includes the necessary supplies for the pump to operate.
- Replacement breast pump supplies necessary for the personal-use electric breast pump to operate. This includes: standard power adaptor, tubing adaptors, tubing, locking rings, bottles specific to breast pump operation, caps for bottles that are specific to the breast pump, valves, filters, and breast shield and/or splash protector for use with the breast pump.
- Breastmilk storage bags (HCPCS code A4287).

### **Colonoscopies**

### Colonoscopy – Preventive Care Services Benefit (Without Member Cost-Sharing)

Member cost-sharing for colonoscopy is waived when all of the following apply:

- The patient's age is 45-75 years (ends on 76<sup>th</sup> birthday) as recommended by the USPSTF; and
- The provider is participating in the network; and
- When billed in accordance with the coding in the Colorectal Cancer Screening row listed in this policy.

Colonoscopy may require a site of service review. Refer to Clinical Policies titled <u>Screening Colonoscopy Procedures –</u> <u>Site of Service</u> and <u>Outpatient Surgical Procedures – Site of Service</u>.

### Colonoscopy – Medical Benefit (With Member Cost-Sharing)

Member cost-sharing may apply when a colonoscopy is done in any one of the following scenarios:

- The patient's age is outside of the age recommendation of the USPSTF (age 45-75 years); or
- The provider is non-network; or
- Colonoscopy performed with a shortened time interval outside of the USPSTF recommendations; or
- Colonoscopy performed for diagnostic purposes; or
- Colonoscopy performed for surveillance purposes (e.g., a follow-up colonoscopy performed after identification or removal of a polyp or cancer on a previous colonoscopy); or
- Colonoscopy performed for therapeutic/treatment purposes.

The above colonoscopies may require advanced notification and/or site of service review. Refer to the <u>Colonoscopy</u> <u>Guidelines</u> and the Clinical Policy titled <u>Outpatient Surgical Procedures – Site of Service</u>.

### **Coverage Limitations and Exclusions**

- Services not covered under the preventive care benefit may be covered under another portion of the medical benefit plan.
- The coverage outlined in this guideline does not address certain outpatient prescription medications, tobacco
  cessation drugs and/or over the counter items, as required by PPACA. These preventive benefits are administered by
  the member's pharmacy plan administrator. For details on coverage, refer to the member-specific pharmacy plan
  administrator.
- A vaccine (immunization) is not covered if it does not meet company vaccine policy requirements for FDA labeling and if it does not have explicit ACIP recommendations for routine use published in the Morbidity and Mortality Weekly Report (MMWR) of the Centers for Disease Control and Prevention (CDC) and is not listed on the applicable immunization schedule of ACIP. (Refer to the <u>Preventive Care Services: Vaccine Codes</u>.)
- Examinations, screenings, testing, or vaccines (immunizations) are not covered when:
  - required solely for the purposes of career or employment, school or education, sports or camp, travel [including travel vaccines (immunizations)], insurance, marriage, or adoption; or
  - o related to judicial or administrative proceedings or orders; or
  - o conducted for purposes of medical research; or
  - o required to obtain or maintain a license of any type.
- Services that are investigational, experimental, unproven, or not medically necessary are not covered.
- Breastfeeding equipment and supplies not listed above. This includes, but is not limited to:
  - Manual breast pumps and all related equipment and supplies.
  - Hospital-grade breast pumps and all related equipment and supplies.
  - Equipment and supplies not listed in the <u>Covered Breastfeeding Equipment</u> section above, including but not limited to:
    - Batteries, battery-powered adaptors, and battery packs.
    - Electrical power adapters for travel.
    - Bottles which are not specific to breast pump operation. This includes the associated bottle nipples, caps, and lids.
    - Travel bags, and other similar travel or carrying accessories.
    - Breast pump cleaning supplies including soap, sprays, wipes, steam cleaning bags and other similar products.
    - Baby weight scales.
    - Garments or other products that allow hands-free pump operation.
    - Breast milk storage accessories such as ice-packs, labels, labeling lids, and other similar products. The breastmilk storage accessories exclusion does not apply to breastmilk storage bags (HCPCS code A4287).
    - Nursing bras, bra pads, breast shells, nipple shields, and other similar products.
    - Creams, ointments, and other products that relieve breastfeeding related symptoms or conditions of the breasts or nipples.

Note: Refer to the Indications for Coverage section above for covered breastfeeding equipment.

### **Frequently Asked Questions (FAQ)**

1

**Q:** If a polyp is encountered during a preventive screening colonoscopy, are future colonoscopies considered under the preventive care services benefit?

1	<b>A</b> :	No. If a polyp is removed during a preventive screening colonoscopy, future colonoscopies would normally be considered to be diagnostic because the time intervals between future colonoscopies would be shortened.
2	Q:	Are the related therapeutic services for a preventive colonoscopy covered under the preventive care benefit?
	<b>A</b> :	Yes, related services integral to a colonoscopy are covered under the preventive care services benefit including: pre-operative examination, the associated facility, anesthesia, polyp removal (if necessary), pathologist and physician fees. However, the preventive benefit does not include a post-operative examination.
3	Q:	Do any preventive care services require prior-authorization?
	A:	Certain services require prior-authorization on most benefit plans. This includes, but may not be limited to: BRCA lab screening, computed tomographic colonography (virtual colonoscopy), and screening for lung cancer with low-dose computed tomography.
4	Q:	If a member in the age range of 45-75 years has a positive stool-based colorectal cancer screening test (e.g., FIT, FOBT, and fecal DNA) or direct visualization screening test (e.g., sigmoidoscopy or CT colonography), and has a follow up colonoscopy, is the colonoscopy included in the preventive care services benefit?
	<b>A</b> :	Yes, in this situation, the colonoscopy would be considered under the preventive care services benefit when billed in accordance with the coding in the <u>Colorectal Cancer Screening</u> row listed in this guideline.
5	Q:	For preventive services that have a diagnosis code requirement, does the listed diagnosis code need to be the primary diagnosis on the claim?
	A:	In general, most preventive services do not require the preventive diagnosis code to be in the primary position. However, certain preventive services do require the diagnosis code to be in the primary position, which include: (1) Chemoprevention of Breast Cancer (Counseling), (2) Genetic Counseling and Evaluation for BRCA Testing, and (3) Prevention of Human Immunodeficiency Virus (HIV) Infection.
6	Q:	If a woman has an abnormal finding on a preventive screening mammography and the follow up mammogram was found to be normal, will UnitedHealthcare cover her future mammograms under the preventive care services benefit?
	<b>A</b> :	Yes, if the member was returned to normal mammography screening protocol, her future mammography screenings would be considered under the preventive care services benefit.
7	Q:	If a member had elevated cholesterol on a prior preventive screening, are future cholesterol tests considered under the preventive care services benefit?
	<b>A</b> :	Once the diagnosis has been made, further testing is considered diagnostic rather than preventive. This is true whether or not the member is receiving pharmacotherapy.
8	Q:	Are the related services for a woman's outpatient sterilization or other contraceptive procedure covered under the preventive care benefit?
	A:	Related services for a woman's outpatient sterilization or other contraceptive procedure are covered under the preventive care services benefit. This includes associated implantable devices, facility fee, anesthesia, and surgeon/physician fees. If a woman is admitted to an inpatient facility for another reason (e.g., maternity/delivery), and has a sterilization or other contraceptive procedure performed during that admission, the sterilization or other contraceptive procedure fees mare covered under the preventive care services benefit. This includes associated sterilization/ contraception surgical fees, device fees, anesthesia, pathology, and physician fees. However, the facility fees are not covered under the preventive care benefit since the sterilization or other contraceptive procedure is incidental to, and is not the primary reason, for the inpatient admission.
9	Q:	Are blood draws/venipunctures included in the preventive care benefit?
	<b>A</b> :	Yes, blood draws/venipunctures are considered under the preventive benefit if billed for a covered preventive lab service that requires a blood draw.
10	Q:	Is a newly-combined vaccine (a vaccine with several individual vaccines combined into one) covered under preventive care benefits?
	<b>A</b> :	A new vaccine that is pending ACIP recommendations, but is a combination of previously approved individual components, may be eligible under the preventive care benefit.

11	Q:	Are preventive care services affected by other policies?
	<b>A</b> :	Yes, including for example, the Reimbursement Policy titled <u>Preventive Medicine and Screening</u> describes situations which may affect reimbursement of preventive care services.
12	Q:	Are travel vaccines covered under preventive care benefits?
	<b>A</b> :	Benefits for preventive care services include vaccines for routine use in children, adolescents and adults that have in effect a recommendation from ACIP with respect to the individual involved. Vaccines that are specific to travel (e.g., typhoid, yellow fever, cholera, plague, and Japanese encephalitis virus) are excluded from the preventive care services benefit.
13	Q:	Does the preventive care services benefit include prescription or over the counter (OTC) items?
	<b>A</b> :	Refer to the plan's pharmacy benefit plan administrator for details on prescription medications and OTCs available under the plan's preventive benefit.

### Definitions

The following definitions may not apply to all plans. Refer to the member specific benefit plan document for applicable definitions.

**Modifier 33**: Preventive service; when the primary purpose of the service is the delivery of an evidence-based service in accordance with a US Preventive Services Task Force A or B rating in effect and other preventive services identified in preventive services mandates (legislative or regulatory), the service may be identified by adding 33 to the procedure. For separately reported services specifically identified as preventive, the modifier should not be used.

**Note**: UnitedHealthcare considers the procedures and diagnostic codes and Preventive Benefit Instructions listed in the table below in determining whether preventive care benefits apply. While Modifier 33 may be reported, it is not used in making preventive care benefit determinations.

### Acronyms

Throughout this document the following acronyms are used:

- USPSTF: United States Preventive Services Task Force
- PPACA: Patient Protection and Affordable Care Act of 2010
- ACIP: Advisory Committee on Immunization Practices
- HRSA: Health Resources and Services Administration

### **Applicable Codes**

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply. CPT<sup>®</sup> is a registered trademark of the American Medical Association.

#### **Preventive Care Services** Also see the Expanded Women's Preventive Health section. Certain codes may not be payable in all circumstances due to other policies or quidelines. For preventive care medications, refer to the pharmacy plan administrator. Service A date in this column is when the listed **Preventive Benefit Instructions** rating was released, not when the Refer to Coverage Rationale, and FAQ's benefit is effective Code(s) sections above for additional instructions. Abdominal Aortic Age 65 through 75 (ends on 76<sup>th</sup> **Procedure Code(s):** birthday). Aneurysm Screening Ultrasound Screening Study for Abdominal Aortic Aneurysm: USPSTF Rating (Dec. 2019): B Requires at least one of the diagnosis 76706 codes listed in this row. The USPSTF recommends 1-time

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screening for abdominal aortic

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

For preventive care medications, refe	r to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective. aneurysm (AAA) with ultrasonography in men aged 65-75 years who have ever smoked.	Code(s) Diagnosis Code(s): F17.210, F17.211, F17.213, F17.218, F17.219, Z87.891	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
<b>Bacteriuria Screening</b> <b>USPSTF Rating (Sept. 2019): A</b> The USPSTF recommends screening for asymptomatic bacteriuria using urine culture in pregnant persons.	Procedure Code(s): 81007, 87086, 87088 Diagnosis Code(s): Pregnancy Diagnosis Codes	Requires a <u>Pregnancy Diagnosis Code</u> .
<ul> <li>Chlamydia Infection Screening</li> <li>USPSTF Rating (Sept. 2021): B The USPSTF recommends screening for chlamydia in all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection.</li> <li>Notes:</li> <li>This recommendation applies to asymptomatic, sexually active adolescents and adults, including pregnant persons.</li> <li>Bright Futures recommends sexually transmitted infection screening be conducted if risk assessment is positive between ages 11-21 years.</li> </ul>	Procedure Code(s):         Chlamydia Infection Screening:         86631, 86632, 87110, 87270, 87320,         87490, 87491, 87492, 87801, 87810         Blood Draw:         36415, 36416         Blood draw codes only apply to lab         codes 86631 or 86632         Diagnosis Code(s):         Pregnancy:         Pregnancy Diagnosis Codes or         Screening:         Adult: 200.00, 200.01         Child: 200.121, 200.129         Other: Z11.3, Z11.4, Z11.8, Z11.9,         Z20.2, Z20.6, Z29.81, Z72.51,         Z72.52, Z72.53	<ul> <li>Chlamydia Infection Screening: Requires a Pregnancy Diagnosis Code or one of the Screening diagnosis codes listed in this row.</li> <li>Blood Draw: Required to be billed with 86631 or 86632 and</li> <li>One of the Screening diagnosis codes listed in this row, or</li> <li>With a Pregnancy Diagnosis Code.</li> </ul>
<ul> <li>Gonorrhea Screening</li> <li>USPSTF Rating (Sept. 2021): B</li> <li>The USPSTF recommends screening for gonorrhea in all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection.</li> <li>Notes:</li> <li>This recommendation applies to asymptomatic, sexually active adolescents and adults including pregnant persons.</li> <li>Bright Futures recommends sexually transmitted infection screening be conducted if risk assessment is positive between ages 11-21 years.</li> </ul>	Procedure Code(s): 87590, 87591, 87592, 87801, 87850 Diagnosis Code(s): Pregnancy: Pregnancy Diagnosis Codes or Screening: Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129 Other: Z11.3, Z11.4, Z11.9, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53	Requires either a <u>Pregnancy Diagnosis</u> <u>Code</u> or one of the Screening diagnosis codes listed in this row.
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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

Code(s)

G0499

Blood Draw:

Pregnancy:

Screening:

Z72.52, Z72.53

or

36415, 36416

**Diagnosis Code(s):** 

Adult: Z00.00, Z00.01

**Procedure Code(s):** 

86803, 86804, G0472

**Diagnosis Code(s):** 

**Procedure Code(s):** 

Does not have diagnosis code

requirements for the preventive

HIV (Human Immunodeficiency Virus)

86689, 86701, 86702, 86703, 87389,

87390, 87391, 87534, 87535, 87536,

87537, 87538, 87539, 87806, G0432,

G0433, G0435, G0475, S3645

Pregnancy Diagnosis Codes or

Blood Draw:

36415, 36416

benefit to apply.

Screening:

Blood Draw:

Pregnancy:

36415, 36416

**Diagnosis Code(s):** 

Child: Z00.121, Z00.129

Other: Z11.3, Z11.4, Z20.2, Z20.6,

Hepatitis C Virus Infection Screening:

Z11.59, Z29.81, Z57.8, Z72.51,

Pregnancy Diagnosis Codes

**Procedure Code(s):** 

Hepatitis B Virus Infection Screening:

86704.86706.87340.87341.87467.

#### Service

A date in this column is when the listed rating was released, not when the benefit is effective.

### Hepatitis B Virus Infection Screening

#### Pregnant Women:

USPSTF Rating (July 2019): A

The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.

Adolescents and Adults at Increased Risk for Infection:

#### USPSTF Rating (Dec. 2020): B The USPSTF recommends

screening for hepatitis B virus (HBV) infection in persons at high risk for infection.

**Bright Futures (July 2022):** Bright Futures recommends screening between the ages 0-21 years (perform risk assessment for hepatitis B virus (HBV) infection).

### Hepatitis C Virus Infection Screening

#### **USPSTF Rating (March 2020): B** The USPSTF recommends screening for hepatitis C virus infection in adults aged 18-79 years.

Bright Futures (March 2021) Bright Futures recommends

screening all individuals ages 18 to 79 years at least once for hepatitis C virus infection (HCV).

#### HIV (Human Immunodeficiency Virus) Screening for Adolescents and Adults

**USPSTF Rating (June 2019): A** The USPSTF recommends that clinicians screen for HIV infection in:

 Adolescents and adults aged 15-65 years. Younger adolescents and older adults who are at increased risk of infection should also be screened. **Preventive Benefit Instructions** 

Refer to Coverage Rationale, and FAQ's sections above for additional instructions.

#### Hepatitis B Virus Infection Screening: Requires a <u>Pregnancy Diagnosis Code</u> **or** one of the Screening diagnosis codes listed in this row.

#### Blood Draw:

Requires one of the listed Hepatitis B Virus Infection Screening procedure codes listed in this row **and** 

- A Pregnancy Diagnosis Code or
- One of the Screening diagnosis codes listed in this row.

Hepatitis C Virus Infection Screening: Does not have diagnosis code requirements for the preventive benefit to apply.

*Blood Draw:* Requires one of the Hepatitis C Virus Infection Screening procedure codes listed in this row

No age limits.

HIV – Human Immunodeficiency Virus – Screening:

Requires a <u>Pregnancy Diagnosis Code</u> or one of the Screening diagnosis codes listed in this row.

Blood Draw:

Requires **both** of the following:

 One of the listed HIV Screening procedure codes listed in this row and

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Also see the Expanded Women's Preventive Health section.

<ul> <li>Service <ul> <li>A date in this column is when the listed rating was released, not when the benefit is effective.</li> <li>All pregnant persons, including those who present in labor or at delivery whose HIV status is unknown.</li> </ul> </li> <li>Note: Bright Futures recommends HIV screening lab work be conducted at least once between ages 15-21 years. Also recommended anytime between ages 11-14 years, when a risk assessment is positive. And after initial screening, youth at increased risk of HIV infection should be retested annually or more frequently if at high risk.</li> </ul>	<b>Code(s)</b> Screening: Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129, Other: Z11.3, Z11.4, Z11.59, Z11.9, Z20.2, Z20.6, Z22.6, Z22.8, Z22.9, Z29.81, Z72.51, Z72.52, Z72.53 Also see <u>Expanded Women's</u> <u>Preventive Health</u> section.	<ul> <li>Preventive Benefit Instructions</li> <li>Refer to Coverage Rationale, and FAQ's sections above for additional instructions.</li> <li>One of the Screening diagnosis codes listed in this row or a <u>Pregnancy Diagnosis Code</u>.</li> </ul>
<ul> <li><i>RH Incompatibility</i> <i>Screening</i></li> <li>USPSTF Rating (Feb. 2004): A Rh (D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy- related care.</li> <li>USPSTF Rating (Feb. 2004): B Repeated Rh (D) antibody testing for all unsensitized Rh (D)-negative women at 24-28 weeks' gestation, unless the biological father is known to be Rh (D)-negative.</li> </ul>	Procedure Code(s): RH Incompatibility Screening: 86850, 86901 Blood Draw: 36415, 36416 Diagnosis Code(s): Pregnancy Diagnosis Codes	RH Incompatibility Screening: Requires a <u>Pregnancy Diagnosis Code</u> . Blood Draw: Required to be billed with 86850 or 86901 <b>and</b> with a <u>Pregnancy Diagnosis</u> <u>Code</u> .
Syphilis Screening Non-Pregnant Adolescents and Adults at Increased Risk: USPSTF Rating (Sept. 2022): A The USPSTF recommends screening for syphilis infection in persons who are at increased risk for infection (asymptomatic, nonpregnant adolescents and adults who are at increased risk for syphilis infection). Pregnant Women: USPSTF Rating (Sept. 2018): A The USPSTF recommends early screening for syphilis infection in all pregnant women.	Procedure Code(s): Syphilis Screening: 0064U, 0065U, 0210U, 86592, 86593, 86780 Blood Draw: 36415, 36416 Diagnosis Code(s): Pregnancy: Pregnancy Diagnosis Codes or Screening: Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129 Other: Z11.2, Z11.3, Z11.4, Z11.9, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53	<ul> <li>Syphilis Screening:</li> <li>Requires a Pregnancy Diagnosis Code or one of the Screening diagnosis code listed in this row.</li> <li>Blood Draw:</li> <li>Requires both of the following: <ul> <li>One of the listed Syphilis Screening procedure codes listed in this row and</li> <li>One of the Screening diagnosis codes listed in this row or a Pregnancy Diagnosis Code.</li> </ul> </li> </ul>

Also see the Expanded Women's Preventive Health section.

Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
<b>Note</b> : Bright Futures recommends sexually transmitted infection screening be conducted if risk assessment is positive between ages 11-21 years.		
Genetic Counseling and Evaluation for BRCA Testing; and BRCA Lab Screening USPSTF Rating (Aug. 2019): B The USPSTF recommends that primary care clinicians assess women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have an ancestry associated with breast cancer susceptibility 1 and 2 (BRCA1/2) gene mutations with an appropriate brief familial risk assessment tool. Women with a	Genetic Counseling and         Evaluation         Procedure Code(s):         Medical Genetics and Genetic         Counseling Services:         96041, S0265         Evaluation and Management (Office         Visits):         99202, 99203, 99204, 99205, 99211,         99212, 99213, 99214, 99215, 99417,         99385, 99386, 99387, 99395, 99396,         99397, G0463         Diagnosis Code(s):         Z15.01, Z15.02, Z80.3, Z80.41,	Genetic Counseling and Evaluation *Medical Necessity plans require genetic counseling before BRCA Lab Screening. Requires one of the Genetic Counseling and Evaluation diagnosis codes listed in this row in the primary position.
positive result on the risk assessment tool should receive genetic counseling and, if indicated after counseling, genetic testing. Refer to the Clinical Policy titled <u>Genetic Testing for Hereditary</u> <u>Cancer</u> .	Z85.3, Z85.43 BRCA Lab Screening Procedure Code(s): 81162, 81163, 81164, 81165, 81166, 81167, 81212, 81215, 81216, 81217 Blood Draw: 36415, 36416 Diagnosis Code(s): Family History or Personal History of breast cancer and/or ovarian cancer: Z15.01, Z15.02, Z80.3, Z80.41, Z85.3, Z85.43	<ul> <li>BRCA Lab Screening</li> <li>*Prior authorization requirements apply to BRCA lab screening.</li> <li>Applies to age 18+ when billed with one of the BRCA Lab Screening diagnosis codes listed in this row.</li> <li>Blood Draw:</li> <li>Requires one of the BRCA Lab Screening procedure codes listed in this row and one of the BRCA Lab Screening diagnosis codes listed in this row.</li> </ul>
Screening for Pre- Diabetes and Type 2 Diabetes USPSTF Rating (Aug. 2021): B The USPSTF recommends screening for prediabetes and type 2 diabetes in adults aged 35 to 70 years who have overweight or obesity. Clinicians should offer or refer patients with prediabetes to effective preventive interventions. Refer to <u>Healthy Diet and Physical</u> Activity for Cardiovascular Disease	Pre-Diabetes Preventive Interventions Procedure Code(s): Medical Nutrition Therapy or Counseling: 97802, 97803, 97804, G0270, G0271 Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404 Behavioral Counseling or Therapy: 0403T, G0447, G0473, G9886 Diagnosis Code(s): R73.03 (prediabetes)	Pre-Diabetes Preventive Interventions Limited to age 35-70 years (ends on 71 <sup>st</sup> birthday). Requires diagnosis code R73.03.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

#### Service

A date in this column is when the listed rating was released, not when the benefit is effective.

Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling Interventions for intensive behavioral counseling interventions.

For additional diabetes screening benefits, also see the *Expanded Women's Preventive Health* section for <u>Screening for Diabetes in</u> <u>Pregnancy</u> and <u>Screening for</u> Diabetes After Pregnancy.

### Code(s)

#### Diabetes Screening Procedure Code(s):

*Diabetes Screening:* 82947, 82948, 82950, 82951, 82952, 83036

*Blood Draw:* 36415, 36416

#### Diagnosis Code(s):

Required Diagnosis Codes (requires at least one): Z00.00, Z00.01, Z13.1

And one of the following additional diagnosis codes as follows: *Additional Diagnosis Codes (requires at least one): Overweight:* E66.3, Z68.25, Z68.26, Z68.27, Z68.28, Z68.29

*Obesity:* E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9, E88.82, Z68.41, Z68.42, Z68.43, Z68.44, Z68.45

Body Mass Index 30.0-39.9: Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39

Body Mass Index 40.0 and Over: Z68.41, Z68.42, Z68.43, Z68.44, Z68.45

See the *Expanded Women's Preventive Health* section for <u>Screening for Diabetes in Pregnancy</u> and <u>Screening for Diabetes After</u> Pregnancy.

See the *Expanded Women's Preventive Health* section for <u>Screening for Diabetes in Pregnancy</u> codes.

#### **Preventive Benefit Instructions**

Refer to Coverage Rationale, and FAQ's sections above for additional instructions.

#### **Diabetes Screening**

Limited to age 35-70 years (ends on 71<sup>st</sup> birthday).

Diabetes Screening:

Requires one of the Required Diagnosis Codes listed in this row **and** one of the listed Additional Diagnosis Codes in this row.

#### Blood Draw:

Requires **all** of the following:

- One of the listed Diabetes Screening procedure codes listed in this row and
- One of the listed Required Diagnosis Codes **and**
- One of the listed Additional Diagnosis Codes.

#### **Preventive Benefit Does Not Apply:**

If a Diabetes Diagnosis Code is present in any position, the preventive benefit does **not** apply; see the <u>Diabetes</u> <u>Diagnosis Code List</u>.

See the Expanded Women's Preventive

Note: This benefit applies regardless of

Health section for Screening for

benefit instructions.

the gestational week.

Diabetes in Pregnancy preventive

Gestational Diabetes Screening

**USPSTF Rating (Aug. 2021): B** The USPSTF recommends screening for gestational diabetes mellitus in asymptomatic pregnant

Also see the Expanded Women's Preventive Health section.

Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
persons at 24 weeks of gestation or after. For additional diabetes screening benefits, also see the <u>Screening for</u> <u>Pre-Diabetes and Type 2 Diabetes</u> row. Also see the <i>Expanded</i> <i>Women's Preventive Health</i> section for <u>Screening for Diabetes in</u> <u>Pregnancy and Screening for</u> <u>Diabetes After Pregnancy</u> .	Drocodure Code(a)	No ogo limito
Screening Mammography USPSTF Rating (2002): B	Procedure Code(s): 77063, 77067 Revenue Code:	No age limits. Does not have diagnosis code requirements for the preventive benefit
The USPSTF recommends screening mammography, with or without clinical breast examination (CBE), every 1-2 years for women aged 40 and older. Also refer to the Clinical Policy titled <u>Breast Imaging for Screening and</u> <u>Diagnosing Cancer</u> .	0403 <b>Diagnosis Code(s):</b> Does not have diagnosis code requirements for the preventive benefit to apply.	to apply. <b>Note</b> : This benefit only applies to screening mammography.
Also see the <u>Breast Cancer</u> <u>Screening for Average-Risk Women</u> recommendation in the <i>Expanded</i> <i>Women's Preventive Health</i> section.		
Cervical Cancer Screening	Human Papillomavirus DNA Testing (HPV) Procedure Code(s):	Human Papillomavirus DNA Testing (HPV) Age 30 years and up.
USPSTF Rating (Aug. 2018): A <u>Age 21-29 years:</u> The USPSTF recommends screening for cervical cancer every 3 years with cervical cytology alone in women aged 21-29 years.	Diagnosis Code(s):         200.00, Z00.01, Z01.411, Z01.419, Z11.51, Z12.4	Requires one of the diagnosis codes listed in this row.
<ul> <li>Age 30-65 years:</li> <li>For women aged 30 to 65 years, the USPSTF recommends:</li> <li>Screening every 3 years with cervical cytology alone,</li> <li>Every 5 years with high-risk human papillomavirus (hrHPV) testing alone, or</li> </ul>	Cervical Cytology (Pap Test) Code Group 1 Procedure Code(s): G0101, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148, Q0091, P3000, P3001 Code Group 1 Diagnosis Code(s): Does not have diagnosis code requirements for preventive benefit to apply.	Cervical Cytology (Pap Test) Code Group 1: Limited to age 21-65 years (ends on 66 <sup>th</sup> birthday). Does not have diagnosis code requirements for preventive benefits to apply.

Service

Also see the Expanded Women's Preventive Health section.

<ul> <li>Service <ul> <li>A date in this column is when the listed rating was released, not when the benefit is effective.</li> <li>Every 5 years with hrHPV testing in combination with cytology (co-testing).</li> </ul> </li> <li>Bright Futures, March 2014: <ul> <li>Adolescents should no longer be routinely screened for cervical dysplasia until age 21.</li> </ul> </li> <li>Also see <u>Screening for Cervical Cancer</u> in the <i>Expanded Women's Preventive Health</i> section.</li> </ul>	Code(s) Code Group 2 Procedure Code(s): 88141, 88142, 88143, 88147, 88148, 88150, 88152, 88153, 88155, 88164, 88165, 88166, 88167, 88174, 88175 Code Group 2 Diagnosis Code(s): Z00.00, Z00.01, Z01.411, Z01.419, Z12.4	<ul> <li>Preventive Benefit Instructions</li> <li>Refer to Coverage Rationale, and FAQ's sections above for additional instructions.</li> <li>Code Group 2:</li> <li>Limited to age 21–65 years (ends on 66<sup>th</sup> birthday).</li> <li>Requires one of the Code Group 2 diagnosis codes listed in this row.</li> </ul>
<ul> <li>Statin Use for the Primary Prevention of Cardiovascular Disease in Adults - Cholesterol Screening (Lipid Disorders Screening)</li> <li>USPSTF Rating (August 2022): B The USPSTF recommends that clinicians prescribe a statin for the primary prevention of CVD for adults aged 40 to 75 years who have 1 or more CVD risk factors (i.e. dyslipidemia, diabetes, hypertension, or smoking) and an estimated 10-year risk of a cardiovascular event of 10% or greater.</li> <li>Notes:</li> <li>For statin medications benefits, refer to the pharmacy plan administrator.</li> <li>See Dyslipidemia Screening (Bright Futures) for recommendations for children.</li> </ul>	Procedure Code(s): <i>Cholesterol Screening:</i> 80061, 82465, 83718, 83719, 83721, 83722, 84478 <i>Blood Draw:</i> 36415, 36416 <i>ASCVD Risk Assessment and Risk Management Services:</i> G0537, G0538 <b>Diagnosis Code(s):</b> Z00.00, Z00.01, Z13.220	<ul> <li><i>Cholesterol Screening:</i> Ages 40-75 years (ends on 76<sup>th</sup> birthday). Requires one of the diagnosis codes listed in this row for CPT codes 80061, 82465, 83718, 83719, 83721, 83722, and 84478.</li> <li><i>Blood Draw:</i> Ages 40-75 years (ends on 76<sup>th</sup> birthday): Requires one of the listed Cholesterol Screening procedure codes and one of the Diagnosis Codes listed in this row.</li> <li><i>ASCVD Risk Assessment and Management Services:</i> Ages 40-75 years (ends on 76<sup>th</sup> birthday). The diagnosis codes listed in this row are not required for HCPCS codes G0537 and G0538.</li> <li><b>Preventive Benefit Does Not Apply:</b> For all ages above, if any of the following lipid disorders diagnosis codes are present in any position, the preventive benefit does not apply: E71.30, E75.5, E78.00, E78.01, E78.2, E78.3, E78.41, E78.49, E78.5, E78.79, E78.81, E78.89, E88.2, or E88.89.</li> </ul>
Colorectal Cancer Screening USPSTF Rating (May 2021): B The USPSTF recommends screening for colorectal cancer in adults aged 45 to 49 years.	Colonoscopy Procedure Code(s): Preventive Colonoscopy: G0105, G0121 Preventive Colonoscopy When Billed with Certain Codes (see Preventive Benefit Instructions to the right):	Colonoscopy Age Limits: 45-75 years (ends on 76 <sup>th</sup> birthday). HCPCS codes G0105 and G0121 do not have diagnosis code requirements for preventive benefits to apply. Codes with an asterisk(*) are preventive when:

Service

Also see the Expanded Women's Preventive Health section.

A date in this column is when the listed rating was released, not when the benefit is effective. USPSTF Rating (May 2021): A The USPSTF recommends screening for colorectal cancer in all adults aged 50 to 75 years. Also refer to the Clinical Policies titled <u>Outpatient Surgical</u> <u>Procedures – Site of Service;</u> <u>Screening Colonoscopy Procedures</u> <u>– Site of Service; and Magnetic</u> <u>Resonance Imaging (MRI) and</u> <u>Computed Tomography (CT) Scan</u> <u>– Site of Service</u> .	Code(s) 44388*, 44389*, 44392*, 44394*, 45378*, 45380*, 45381*, 45384*, 45385*, 45388* Diagnosis Code(s): Applies to Procedure Codes with asterisk(*) above: Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79 Note: Also see the <u>Colonoscopy Pre-Op Consultation</u> row below.	<ul> <li>Preventive Benefit Instructions</li> <li>Refer to Coverage Rationale, and FAQ's sections above for additional instructions.</li> <li>Billed with one of the diagnosis codes listed in this row (Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79); or</li> <li>Billed in addition to HCPCS codes G0104, G0105, G0121, G0328, or S0285</li> </ul>
Also see the <u>Frequently Asked</u> <u>Questions</u> section.	Sigmoidoscopy Procedure Code(s): Preventive Sigmoidoscopy: G0104 Preventive Sigmoidoscopy When Billed with Certain Codes (see Preventive Benefit Instructions to the right): 45330*, 45331*, 45333*, 45338*, 45346* Diagnosis Code(s): Applies to Procedure Codes with asterisk(*) above: Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79	<ul> <li>Sigmoidoscopy</li> <li>Age Limits: 45-75 years (ends on 76<sup>th</sup> birthday).</li> <li>Code G0104 does not have diagnosis code requirements for preventive benefits to apply.</li> <li>Codes with an asterisk(*) are preventive when:</li> <li>Billed with one of the diagnosis codes listed in this row (Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79); or</li> <li>Billed in addition to codes G0104, G0105, G0121, G0328 or S0285</li> </ul>
	Pathology and Anesthesia (for Colonoscopy or Sigmoidoscopy)           Procedure Code(s): Pathology: 88304, 88305           Anesthesia: 00811, 00812, 99152, 99153, 99156, 99157, G0500           Diagnosis Code(s): Applies to the Pathology and Anesthesia codes listed above: Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79	<ul> <li>Pathology and Anesthesia (for Colonoscopy or Sigmoidoscopy)</li> <li>Age Limits: 45-75 years (ends on 76<sup>th</sup> birthday).</li> <li>Requires both of the following: <ul> <li>One of the diagnosis codes listed in this row (Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79); and</li> <li>One of the procedure codes listed in the Colonoscopy row, or the Sigmoidoscopy row.</li> </ul> </li> <li>Note: Preventive benefits apply when the surgeon's claim is preventive.</li> </ul>

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

#### Service

A date in this column is when the listed
rating was released, not when the
benefit is effective.

when the listed		Preventive Benefit Instructions
t when the	Code(s)	Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
	Fecal Occult Blood Testing (FOBT) and Fecal Immunochemical Test (FIT) Procedure Code(s): Preventive: G0328 Preventive When Billed with Certain Codes (see Preventive Benefit Instructions to the right): 82270*, 82274* Diagnosis Code(s): Applies to Procedure Codes with asterisk(*) above: Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79	<ul> <li>Fecal Occult Blood Testing (FOBT) and Fecal Immunochemical Test (FIT)</li> <li>Age Limits: 45-75 years (ends on 76<sup>th</sup> birthday).</li> <li>HCPCS code G0328 does not have diagnosis code requirements for preventive benefits to apply.</li> <li>Codes with an asterisk(*) are preventive when:</li> <li>Billed with one of the diagnosis codes listed in this row (Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79); or</li> <li>Billed in addition to HCPCS codes G0104, G0105, G0121, G0328, or S0285.</li> </ul>
	Fecal DNA	Fecal DNA
	<b>Procedure Code(s):</b> 0464U, 81528	<b>Age Limits:</b> 45-75 years (ends on 76 <sup>th</sup> birthday).
	<b>Diagnosis Code(s):</b> CPT code 81528 does not have diagnosis code requirements for preventive benefits to apply.	Benefit is limited to once every 3 years. CPT codes 0464U and 81528 do not have diagnosis code requirements for preventive benefits to apply.
	Pre-Op Consultation	Pre-Op Consultation
	Procedure Code(s): Preventive: S0285	Age Limits: 45-75 years (ends on 76 <sup>th</sup> birthday).
	Preventive when billed with one of the diagnosis codes listed in this row: 99202*, 99203*, 99204*, 99205*,	diagnosis code requirements for preventive benefits to apply. Codes with an asterisk(*) are preventive
	99211*, 99212*, 99213*, 99214*, 99215*, 99242*, 99243*, 99244*, 99245*, 99417*	when billed with one of the diagnosis codes listed in this row (Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711,
	Diagnosis Code(s): Applies to Procedure Codes with asterisk(*) above: Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.72, Z83.79 Note: For additional information on the reimbursement of consultation	Z83.718, Z83.719, Z83.72, Z83.79).

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

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<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
	codes 99242-99245, refer to the Reimbursement Policy titled <u>Consultation Services</u> .	
	Computed Tomographic Colonography (Virtual Colonoscopy) Procedure Code(s):	Computed Tomographic Colonography (Virtual Colonoscopy) Age Limits: 45-75 years (ends on 76 <sup>th</sup>
	74263	birthday).
	<b>Diagnosis Code(s):</b> Does not have diagnosis code requirements for preventive benefit to apply.	Does not have diagnosis code requirements for preventive benefit to apply.
		Prior authorization requirements may apply, depending on plan.
Wellness Examinations	Procedure Code(s):	Does not have diagnosis code
(well-baby, well-child, well-adult)	<i>Medicare Wellness Exams:</i> G0402, G0438, G0439	requirements for the preventive benefit to apply.
USPSTF Rating: None UnitedHealthcare supports AAP	STIs Behavioral Counseling:	G0445 is limited to twice per year.
and AAFP age and frequency	G0445	G0296 is limited to age 50 to 80 years
guidelines.	Annual Gynecological Exams:	(ends on 81 <sup>st</sup> birthday).
HRSA Requirements:	S0610, S0612, S0613	Pelvic Examination add-on code 99459:
The Wellness Examinations codes in this row include the following HRSA requirements for women, where applicable:	<i>Pelvic Examination (add-on code):</i> 99459	Preventive care services benefits may apply to 99459 when the related evaluation and management (office visit)
<ul> <li>Breastfeeding support, counseling, and education</li> </ul>	Preventive Medicine Services (Evaluation and Management): 99381, 99382, 99383, 99384, 99385,	code is applied to the preventive care services benefit. CPT code 99459 may not be payable in all circumstances due
<ul> <li>Contraceptive methods and sterilizations (counseling and follow-up care)</li> </ul>	99386, 99387, 99391, 99392, 99393, 99394, 99395, 99396, 99397	to other policies or guidelines.
<ul> <li>Screening and counseling for interpersonal domestic violence</li> </ul>	Preventive Medicine, Individual Counseling:	
<ul> <li>Screening for human immunodeficiency virus</li> </ul>	99401, 99402, 99403, 99404	
infection (HIV); education and risk assessment	<i>Preventive Medicine, Group</i> <i>Counseling:</i>	
Counseling for sexually	99411, 99412	
<ul><li>transmitted infections (STIs)</li><li>Well-woman preventive visits</li></ul>	Newborn Care (evaluation and management):	
<ul> <li>Screening for urinary</li> </ul>	99461	
<ul> <li>incontinence</li> <li>Obesity prevention in midlife women (counseling)</li> </ul>	Counseling Visit (to discuss the need for Lung Cancer Screening (LDCT) using Low Dose CT Scan): G0296	
women (counseling)	using Low Dose CT Scan):	

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
	Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply. Also see the <u>Expanded Women's</u> Preventive Health section.	
Newborn Screenings All newborns USPSTF Rating (March 2008): A Hypothyroidism Screening: Screening for congenital hypothyroidism in newborns. USPSTF Rating (March 2008): A Phenylketonuria Screening: Screening for phenylketonuria (PKU) in newborns. USPSTF Rating (Sept. 2007): A Sickle Cell Screening: Screening for sickle cell disease in newborns. Note: For Bright Futures hearing screening, see <u>Hearing Tests</u> (Bright Futures).	Procedure Code(s):Hypothyroidism Screening:84437, 84443Phenylketonuria Screening:84030, S3620Sickle Cell Screening:83020, 83021, 83030, 83033, 83051,S3850Blood Draw:36415, 36416Diagnosis Code(s):Does not have diagnosis coderequirements for the preventivebenefit to apply.	Newborn Screenings: Age 0-90 days. Does not have diagnosis code requirements for the preventive benefit to apply. Blood Draw: Age 0-90 days, requires one of the listed Hypothyroidism Screening, Phenylketonuria Screening, or Sickle Cell Screening procedure codes.
Metabolic Screening Panel (Newborns)	Procedure Code(s):           Metabolic Screening Panel:           82017, 82136, 82261, 82775, 83020,           83498, 83516, 84030, 84437, 84443,           S3620           Blood Draw:           36415, 36416           Diagnosis Code(s):           Does not have diagnosis code           requirements for the preventive           benefit to apply.	<ul> <li>Metabolic Screening Panel:</li> <li>Age 0-90 days. Does not have diagnosis code requirements for the preventive benefit to apply.</li> <li>Blood Draw:</li> <li>Age 0-90 days. Requires one of the listed Metabolic Screening Panel procedure codes listed in this row.</li> </ul>
Osteoporosis Screening USPSTF Rating (June 2018): B Women 65 and older: The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older.	Procedure Code(s):           76977, 77080, 77081, G0130           Diagnosis Code(s):           Z00.00, Z00.01, Z13.820, Z82.62	Requires one of the diagnosis codes listed in this row.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

Service A date in this column is when the listed rating was released, not when the benefit is effective. USPSTF Rating (June 2018): B Postmenopausal women younger than 65 years at increased risk of osteoporosis: The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool.	Code(s)	Preventive Benefit Instructions Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
Screening and Behavioral Counseling Interventions in Primary Care to Reduce Unhealthy Alcohol Use in Adults USPSTF Rating (Nov. 2018): B The USPSTF recommends screening for unhealthy alcohol use in primary care settings in adults 18 years or older, including pregnant women, and providing persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce unhealthy alcohol use. Bright Futures (April 2017): Bright Futures recommends alcohol or drug use assessments from age 11-21 years. Also see rows: Unhealthy Drug Use Screening (Adults); and Tobacco, Alcohol, or Drug Use Assessment (Bright Futures).	Procedure Code(s): Alcohol or Drug Use Screening: 99408, 99409 Annual Alcohol Screening: G0442 Brief Counseling for Alcohol: G0443 Diagnosis Code(s): Does not have diagnosis code requirements for preventive benefit to apply.	Does not have diagnosis code requirements for preventive benefits to apply.
Unhealthy Drug Use Screening (Adults) USPSTF Rating (June 2020): B The USPSTF recommends screening by asking questions about unhealthy drug use in adults age 18 years or older. Screening should be implemented when services for accurate diagnosis, Preventive Care Services	<ul> <li>Procedure Code(s):</li> <li>Alcohol or Drug Use Screening:</li> <li>99408, 99409</li> <li>Diagnosis Code(s):</li> <li>Does not have diagnosis code requirements for preventive benefit to apply.</li> </ul>	Does not have diagnosis code requirements for preventive benefits to apply. Page 17 of 45

Preventive Care Services UnitedHealthcare Oxford Clinical Policy

Also see the Expanded Women's Preventive Health section.

Comico		
<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
effective treatment, and appropriate care can be offered or referred. (Screening refers to asking questions about unhealthy drug use, not testing biological specimens.)		
<b>Bright Futures (April 2017):</b> Bright Futures recommends alcohol or drug use assessments from age 11-21 years.		
Also see rows: <u>Screening and</u> <u>Behavioral Counseling Interventions</u> <u>in Primary Care to Reduce</u> <u>Unhealthy Alcohol Use in Adults;</u> and <u>Tobacco, Alcohol, or Drug Use</u> <u>Assessment (Bright Futures)</u> .		
High Blood Pressure in Adults – Screening	Blood Pressure Measurement in a Clinical	Blood Pressure Measurement in a Clinical Setting
USPSTF Rating (April 2021): A The USPSTF recommends	Setting N/A	This service is included in a preventive care wellness examination.
screening for hypertension in adults 18 years or older with office blood pressure measurement.	Ambulatory Blood Pressure Measurement (Outside of a Clinical Setting)	Ambulatory Blood Pressure Measurement (Outside of a Clinical Setting)
The USPSTF recommends obtaining blood pressure measurements outside of the clinical setting for diagnostic	Procedure Code(s): Ambulatory Blood Pressure Measurement: 93784, 93786, 93788 or 93790	Age 18 years and older. Requires the diagnosis code listed in this row.
confirmation before starting treatment.	<b>Diagnosis Code(s):</b> Abnormal Blood-Pressure Reading Without Diagnosis of Hypertension: R03.0	
Breast Cancer: Medication Use to Reduce Risk	<b>Procedure Code(s):</b> Evaluation and Management (Office Visits):	Requires one of the diagnosis codes listed in this row in the primary position.
<b>USPSTF Rating (Sept. 2019): B</b> The USPSTF recommends that clinicians offer to prescribe risk-	99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99385, 99386, 99387, 99395, 99396, 99397, 99417, G0463	
reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors, to women who are at increased risk for breast cancer and at low risk for adverse medication effects.	<b>Diagnosis Code(s):</b> Z80.3, Z80.41, Z15.01, Z15.02	

Also see the Expanded Women's Preventive Health section.

Service A date in this column is when the listed rating was released, not when the benefit is effective. Primary Care Interventions to Promote Breastfeeding USPSTF Rating (Oct. 2016): B The USPSTF recommends providing interventions during	<b>Code(s)</b> N/A Also see the <u>Expanded Women's</u> <u>Preventive Health</u> section	Preventive Benefit Instructions Refer to Coverage Rationale, and FAQ's sections above for additional instructions. Included in primary care or OB/GYN office visits.
pregnancy and after birth to support breastfeeding. <b>Depression in Adults</b> (Screening)	<b>Procedure Code(s):</b> 96127, 96161, G0136, G0444	Requires one of the diagnosis codes listed in this row for 96127.
<ul> <li>USPSTF Rating (June 2023): B</li> <li>The USPSTF recommends screening for depression in the adult population, including pregnant and postpartum persons, as well as older adults.</li> <li>Bright Futures (February 2017): Maternal Depression Screening: Routine screening for postpartum</li> </ul>	Diagnosis Code(s): Required for 96127 Only: Encounter for Screening for Depression: Z13.31, Z13.32	The diagnosis codes listed in this row are <b>not</b> required for G0136, G0444, and 96161.
depression should be integrated into well-child visits at 1, 2, 4, and 6 months of age. Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Anxiety Disorders</u> in Adults Screening (USPSTF): <u>Depression in Children and</u> <u>Adolescents (Screening)</u> (USPSTF); <u>Perinatal Depression –</u> <u>Preventive Interventions</u> <u>(Counseling)</u> (USPSTF); and <u>Depression and Suicide Risk</u> <u>Screening</u> (Bright Futures).		
Depression in Children and Adolescents	<b>Procedure Code(s):</b> 96127, 96161, G0136, G0444	Requires one of the diagnosis codes listed in this row for 96127.
(Screening) USPSTF Rating (October 2022): B The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12-18 years.	<b>Diagnosis Code(s):</b> Required for 96127 Only: Encounter for Screening for Depression: Z13.31, Z13.32	The diagnosis codes listed in this row are <b>not</b> required for G0136, G0444, and 96161.
<b>Bright Futures (February 2017):</b> Maternal Depression Screening: Routine screening for postpartum depression should be integrated		

Also see the Expanded Women's Preventive Health section.

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Service A date in this column is when the listed rating was released, not when the benefit is effective. into well-child visits at 1, 2, 4, and 6 months of age.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
<b>Note</b> : The Bright Futures Periodicity Schedule recommends depression screening begin at age 12-21 years.		
Also see the rows for <u>Anxiety</u> <u>Disorders in Adults Screening</u> (USPSTF): <u>Screening for Anxiety</u> (HRSA); <u>Screening for Depression</u> <u>in Adults</u> (USPSTF); <u>Perinatal</u> <u>Depression – Preventive</u> <u>Interventions (Counseling)</u> (USPSTF); and <u>Depression and</u> <u>Suicide Risk Screening</u> (Bright Futures).		
Anxiety Disorders in Adults (Screening)	Procedure Code(s): 96127	Requires the diagnosis code listed in this row.
<b>USPSTF Rating (June 2023): B</b> The USPSTF recommends screening for anxiety in adults, including pregnant and postpartum persons. This applies to adults age 64 or younger.	<b>Diagnosis Code(s):</b> Encounter for Screening Examination for Other Mental Health and Behavioral Disorders: Z13.39	
Also see the rows for <u>Screening for</u> <u>Anxiety (HRSA)</u> ; and <u>Screening for</u> <u>Anxiety in Children and Adolescents</u> (USPSTF).		
Screening for Anxiety in Children and Adolescents	Procedure Code(s): 96127	Requires the diagnosis code listed in this row.
<b>USPSTF Rating (October 2022): B</b> The USPSTF recommends screening for anxiety in children and adolescents aged 8 to 18 years. Also see the rows for <u>Anxiety</u>	<b>Diagnosis Code(s):</b> Encounter for Screening Examination for Other Mental Health and Behavioral Disorders:	
Also see the lows for <u>Anxiety</u> <u>Disorders in Adults Screening</u> (USPSTF): <u>Screening for Anxiety</u> (HRSA); <u>Screening for Depression</u> <u>in Adults</u> (USPSTF); <u>Perinatal</u> <u>Depression – Preventive</u> <u>Interventions (Counseling)</u> (USPSTF); and <u>Depression and</u> <u>Suicide Risk Screening</u> (Bright Futures).	Z13.39	

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

#### Service

A date in this column is when the listed rating was released, not when the benefit is effective.

#### Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling Interventions

#### USPSTF Rating (Nov. 2020): B

The USPSTF recommends offering or referring adults with cardiovascular disease risk factors to behavioral counseling interventions to promote a healthy diet and physical activity.

#### Code(s)

**Procedure Code(s):** Medical Nutrition Therapy or Counseling:

97802, 97803, 97804, G0270, G0271

Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404

*Behavioral Counseling or Therapy:* 0403T, G0446, G0447, G0473, G9886

ASCVD Risk Assessment and Risk Management Services: G0537, G0538

#### Diagnosis Code(s):

Screening: Z13.220

*Nicotine Dependence, Tobacco Use, or Family History of IHD:* F17.210, F17.211, F17.213, F17.218, F17.219, Z72.0, Z87.891, Z82.49

*Overweight:* E66.3, Z68.25, Z68.26, Z68.27, Z68.28, Z68.29

Body Mass Index 30.0 – 39.9: Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39

Body Mass Index 40.0 and Over: Z68.41, Z68.42, Z68.43, Z68.44, Z68.45

*Impaired Fasting Glucose:* R73.01

Metabolic Syndrome; Insulin Resistance Syndrome Type A; Other Insulin Resistance: E88.810, E88.811, E88.818, E88.819

Hyperlipidemia / Dyslipidemia: E78.00, E78.01, E78.1, E78.2, E78.3, E78.41, E78.49, E78.5

Obesity:

#### **Preventive Benefit Instructions**

Refer to Coverage Rationale, and FAQ's sections above for additional instructions.

Requires one of the diagnosis codes listed in this row for CPT/HCPCS codes 0403T, 97802-97804, 99401-99404, G0270, G0271, and G9886.

The diagnosis codes listed in this row are **not** required for HCPCS codes G0446, G0447, G0473, G0537, and G0538.

HCPCS code G0446 is limited to once per year.

Also see the Expanded Women's Preventive Health section.

Service		
A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
	E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9, E88.82, Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	<i>Essential Hypertension:</i> I10	
	<i>Resistant Hypertension:</i> I1A.0	
	Secondary Hypertension: I15.0, I15.1, I15.2, I15.8, I15.9, N26.2	
	Hypertension Complicating Pregnancy, Childbirth and the Puerperium: 010.011, 010.012, 010.013, 010.019, 010.02, 010.03, 010.111, 010.112, 010.113, 010.119, 010.12, 010.13, 010.211, 010.212, 010.213, 010.219, 010.22, 010.23, 010.311, 010.312, 010.313, 010.319, 010.32, 010.33, 010.411, 010.412, 010.413, 010.419, 010.42, 010.43, 010.911, 010.912, 010.913, 010.919, 010.92, 010.93, 011.1, 011.2, 011.3, 011.4, 011.5, 011.9, 013.1, 013.2, 013.3, 013.4, 013.5, 013.9, 016.1, 016.2, 016.3, 016.4, 016.5, 016.9 Urgent/Emergency/Crisis Hypertension: 116.0, 116.1, 116.9	
	Diabetes: <u>Diabetes Diagnosis Code List</u> Atherosclerosis: Atherosclerosis Diagnosis Code List	
	Coronary Atherosclerosis: 125.10, 125.110, 125.111, 125.112, 125.118, 125.119, 125.700, 125.701, 125.702, 125.708, 125.709, 125.710, 125.720, 125.721, 125.722, 125.728, 125.729, 125.730, 125.731, 125.732, 125.738, 125.739, 125.750, 125.751, 125.752, 125.758, 125.759, 125.760, 125.761, 125.762, 125.768, 125.769, 125.790, 125.791, 125.792, 125.798, 125.799, 125.810, 125.811, 125.812	

Service

Also see the Expanded Women's Preventive Health section.

<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral	<b>Procedure Code(s):</b> <i>Medical Nutrition Therapy:</i> 97802, 97803, 97804, G0270, G0271	Requires one of the diagnosis codes listed in this row for CPT/HCPCS codes 0403T, 97802-97804, 99401-99404, G0270, G0271, and G9886.
<b>Interventions</b> USPSTF Rating (Sept. 2018): B	<i>Preventive Medicine Individual</i> <i>Counseling:</i> 99401, 99402, 99403, 99404	HCPCS code G0446 is limited to once per year.
The USPSTF recommends that clinicians offer or refer adults with a body mass index (BMI) of 30 or higher (calculated as weight in	<i>Behavioral Counseling or Therapy:</i> 0403T, G0446, G0447, G0473, G9886	The diagnosis codes listed in this row are <b>not</b> required for HCPCS codes G0446, G0447, and G0473.
kilograms divided by height in meters squared) to intensive multicomponent behavioral interventions.	<b>Diagnosis Code(s):</b> Body Mass Index 30.0-39.9: Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39	
	Body Mass Index 40.0 and over: Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	<i>Obesity:</i> E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9, E88.82	
High Body Mass Index in Children and Adolescents	<b>Procedure Code(s):</b> <i>Medical Nutrition Therapy:</i> 97802, 97803, 97804, G0270, G0271	Requires one of the diagnosis codes listed in this row for CPT/HCPCS codes 0403T, 97802-97804, 99401-99404,
<b>USPSTF Rating (June 2024): B</b> The USPSTF recommends that clinicians provide or refer children and adolescents 6 years or older	Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404	G0270, G0271, and G9886. HCPCS code G0446 is limited to once per year.
with a high body mass index (BMI) (≥ 95 <sup>th</sup> percentile for age and sex) to comprehensive, intensive behavioral interventions. See the	<i>Behavioral Counseling or Therapy:</i> 0403T, G0446, G0447, G0473, G9886	The diagnosis codes listed in this row are <b>not</b> required for HCPCS codes G0446, G0447, and G0473.
Practice Considerations section of the published USPSTF recommendation or more	Also see the codes in the <u>Wellness</u> <u>Examinations</u> row above.	
information about behavioral interventions.	<b>Diagnosis Code(s):</b> <i>Obesity:</i> E66.01, E66.09, E66.1, E66.2, E66.811, E66.812, E66.813, E66.89, E66.9. E88.82	
	Pediatric BMI of 120% or more of the 95th percentile for age: Z68.54, Z68.55, Z68.56	

Service

Also see the Expanded Women's Preventive Health section.

A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
Healthy Weight and Weight Gain During Pregnancy: Behavioral Counseling Interventions USPSTF Rating (May 2021): B The USPSTF recommends that clinicians offer pregnant persons effective behavioral counseling interventions aimed at promoting healthy weight gain and preventing excess gestational weight gain in pregnancy.	Procedure Code(s): Medical Nutrition Therapy: 97802, 97803, 97804, G0270, G0271 Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404 Behavioral Counseling or Therapy: G0447, G0473 Diagnosis Code(s): Pregnancy Diagnosis Codes	Requires one of the diagnosis codes listed in this row.
Behavioral Counseling to Prevent Sexually Transmitted Infections	<b>Procedure Code(s):</b> STIs Behavioral Counseling: G0445	Does not have diagnosis code requirements for the preventive benefit to apply.
<b>USPSTF Rating (Aug. 2020): B</b> The USPSTF recommends behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).	Preventive Medicine Individual Counseling 99401, 99402, 99403, 99404 <b>Diagnosis Code(s):</b> Does not have diagnosis code requirements for the preventive benefit to apply.	HCPCS code G0445 is limited to twice per year.
Interventions for Tobacco Smoking Cessation in Adults, including Pregnant Persons USPSTF Rating (Jan. 2021): A Pregnant Persons (A): The USPSTF recommends that clinicians ask all pregnant persons about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for cessation to pregnant persons who use tobacco. Nonpregnant Adults (A): The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and US Food and Drug Administration (FDA)–approved pharmacotherapy	Procedure Code(s): Behavioral Interventions: 99406, 99407 Preventive Medicine, Individual Counseling: 99401, 99402, 99403, 99404 Also see the codes in the <u>Wellness</u> <u>Examinations</u> row above. Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply.	Does not have diagnosis code requirements for the preventive benefit to apply.

Also see the Expanded Women's Preventive Health section.

Service A date in this column is when the listed rating was released, not when the benefit is effective. for cessation to <b>nonpregnant</b> adults who use tobacco.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
<b>Note</b> : Refer to the plan's pharmacy benefit plan administrator for details on prescription medications available under the plan's preventive benefit.		
Also see rows: <u>Unhealthy Drug Use</u> <u>Screening (Adults);</u> and <u>Tobacco,</u> <u>Alcohol, or Drug Use Assessment</u> ( <u>Bright Futures)</u> .		
Primary Care Interventions To Prevent Tobacco Use In Children And Adolescents	<b>Procedure Code(s):</b> Smoking and Tobacco Use Cessation Counseling Visit: 99406, 99407	Does not have diagnosis code requirements for the preventive benefit to apply.
<ul> <li>USPSTF Rating (April 2013): B</li> <li>The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.</li> <li>Bright Futures (April 2017):</li> <li>Bright Futures recommends tobacco use assessments from age 11-21 years.</li> </ul>	Preventive Medicine, Individual Counseling: 99401, 99402, 99403, 99404 Also see the codes in the <u>Wellness</u> Examinations row above. <b>Diagnosis Code(s):</b> Does not have diagnosis code requirements for the preventive benefit to apply.	
Also see rows: <u>Unhealthy Drug Use</u> <u>Screening (Adults)</u> ; and <u>Tobacco</u> , <u>Alcohol, or Drug Use Assessment</u> ( <u>Bright Futures</u> ).		
Screening for Visual Impairment in Children USPSTF Rating (Sept. 2017): B The USPSTF recommends vision screening at least once in all children age 3 to 5 years to detect amblyopia or its risk factors.	Procedure Code(s): Visual Acuity Screening (e.g., Snellen chart): 99173 Instrument-Based Screening: 99174, 99177	<i>Visual Acuity Screening (99173):</i> Up to age 21 years (ends on 22 <sup>nd</sup> birthday). Does not have diagnosis code requirements for preventive benefits to apply. <i>Instrument-Based Screening (99174</i> <i>and 99177):</i>
<b>Bright Futures:</b> Visual acuity screening is recommended for age 4 and 5 years as well as in cooperative 3 year olds. Instrument-based screening recommended for age 12 and 24	<b>Diagnosis Code(s):</b> See the Preventive Benefit Instructions.	<ul> <li>Age 1 to 5 (ends on 6<sup>th</sup> birthday): Does not have diagnosis code requirements for preventive benefits to apply.</li> <li>Age 6 to 21 years (ends on 22<sup>nd</sup> birthday): Refer to the Clinical Policy titled <u>Ocular Photoscreening</u> for allowable diagnoses.</li> </ul>

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

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<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
months, in addition to the well visits at 3-5 years of age.		
Behavioral Counseling to Prevent Skin Cancer	N/A	This service is included in a preventive care wellness examination or focused E&M visit.
USPSTF Rating (March 2018): B The USPSTF recommends counseling young adults, adolescents, children and parents of young children about minimizing exposure to ultraviolet (UV) radiation for persons ages 6 months to 24 years with fair skin types to reduce their risk of skin cancer.		
Falls Prevention in Community-Dwelling Older Adults	N/A	This service is included in a preventive care wellness examination or focused E&M visit.
<b>USPSTF Rating (June 2024): B</b> The USPSTF recommends exercise interventions to prevent falls in community-dwelling adults 65 years or older who are at increased risk for falls.		
Screening for Intimate Partner Violence	N/A	This service is included in a preventive care wellness examination.
<b>USPSTF Rating (Oct. 2018): B</b> The USPSTF recommends that clinicians screen for intimate partner violence in women of reproductive age and provide or refer women who screen positive to ongoing support services.		
Also see <u>Screening and Counseling</u> for Interpersonal and Domestic <u>Violence</u> in the <i>Expanded Women's</i> <i>Preventive Health</i> section.		
Screening for Lung	Procedure Code(s):	Requires one of the diagnosis codes
Cancer with Low-Dose Computed Tomography	71271	listed in this row.
<b>USPSTF Rating (March 2021): B</b> The USPSTF recommends annual screening for lung cancer with low- dose computed tomography (LDCT) in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have	Diagnosis Code(s): F17.210, F17.211, F17.213, F17.218, F17.219, Z87.891 Codes for Reporting Purposes: G9275, G9276 Note: Codes G9275 and G9276, are for reporting purposes only, if	<ul> <li>Limitations:</li> <li>Limited to one per year, and</li> <li>All of the following criteria: <ul> <li>Age 50 to 80 years (ends on 81<sup>st</sup> birthday), and</li> <li>At least 20 pack-years* of smoking history, and</li> </ul> </li> </ul>
Preventive Care Services		Page 26 of 45

Preventive Care Services UnitedHealthcare Oxford Clinical Policy

Also see the Expanded Women's Preventive Health section.

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Service A date in this column is when the listed rating was released, not when the benefit is effective. quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.	Code(s) applicable. These codes are not separately reimbursable.	<ul> <li>Preventive Benefit Instructions</li> <li>Refer to Coverage Rationale, and FAQ's sections above for additional instructions.</li> <li>Either a current smoker or has quit within the past 15 years</li> <li>Note: Prior authorization requirements may apply, depending on plan.</li> <li>*A pack-year is a way to measure the amount a person has smoked over a long period of time. It is calculated by multiplying the number of packs of cigarettes smoked per day by the number of years the person has smoked. For example, 1 pack year is equal to smoking 1 pack per day for 1 year, or 2 packs per day for half a year, and so on. Source: National Institutes of Health, National Cancer Institute Dictionary of Cancer Terms, pack year definition web page. https://www.cancer.gov/publications/dictio naries/cancer-terms/def/pack-year</li> </ul>
Fluoride Application in Primary Care USPSTF Rating (May 2014): B Children From Birth Through Age 5 Years. The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption. Bright Futures (July 2022): Bright Futures adopted the May 2014 recommendation of the USPSTF and further recommends, once teeth are present, apply fluoride varnish to all children every 3 to 6 months in the primary care or dental office, based on caries risk.	<ul> <li>Procedure Code(s):</li> <li>Application of Topical Fluoride by Physician or Other Qualified Health Care Professional:</li> <li>99188</li> <li>Diagnosis Code(s):</li> <li>Does not have diagnosis code requirements for the preventive benefit to apply.</li> </ul>	Age 0-5years (ends on 6 <sup>th</sup> birthday). Does not have diagnosis code requirements for the preventive benefit to apply.
Latent Tuberculosis Infection in Adults: Screening USPSTF Rating (May 2023): B The USPSTF recommends screening for latent tuberculosis infection (LTBI) in populations at increased risk. This recommendation applies to asymptomatic adults 18 years or	<b>Procedure Code(s):</b> <i>Screening:</i> 86480, 86481, 86580 <i>Follow-Up Visit to Check Results:</i> 99211 <i>Blood Draw:</i> 36415, 36416	Screening: Ages 18 years and up. Requires one of the diagnosis codes listed in this row for CPT code 86480, 86481, and 86580. Follow-Up Visit to Check Results (99211): CPT code 99211 requires diagnosis code R76.11 or R76.12.

Also see the Expanded Women's Preventive Health section.

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<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
older at increased risk for tuberculosis (TB).	Diagnosis Code(s): R76.11, R76.12, Z00.00, Z00.01, Z11.1, Z11.7, Z20.1 Note for age 18-21 years (ends on 22 <sup>nd</sup> birthday): In addition to the codes in this row, the preventive benefit also applies to the diagnosis codes listed in the Bright Futures row: Tuberculosis (TB) Testing.	<i>Blood Draw:</i> Ages 18 years and up. Required to be billed with 86480 or 86481 <b>and</b> one of the diagnosis codes listed in this row.
Hypertensive Disorders of Pregnancy – Screening USPSTF Rating (Sept. 2023): B The USPSTF recommends screening for hypertensive disorders in pregnant persons with blood pressure measurements throughout pregnancy.	Hypertensive disorders of pregnancy screening by blood pressure measurement is included in the code for a prenatal care office visit. See the following code groups in the <i>Expanded Women's Preventive</i> <i>Health</i> section:•Prenatal Office Visits • Prenatal Care Visits • • Global Obstetrical Codes	See the following code groups in the Expanded Women's Preventive Health section: Prenatal Office Visits Prenatal Care Visits Global Obstetrical Codes
Perinatal Depression – Preventive Interventions (Counseling) USPSTF Rating (Feb. 2019): B The USPSTF recommends that clinicians provide or refer pregnant and postpartum persons who are at increased risk of perinatal depression to counseling interventions. Note: This policy addresses coding for interventions from a network medical provider only. For perinatal depression preventive interventions with a mental health provider, refer to the plan's mental health plan	Code Group 1 Procedure Code(s):           Preventive Medicine Individual           Counseling:           99401, 99402, 99403, 99404           Preventive Medicine, Group           Counseling:           99411, 99412           Prenatal Care Visits:           59425, 59426           Preventive Medicine Services (Evaluation and Management):           99381, 99382, 99383, 99384, 99385,           99386, 99387, 99391, 99392, 99393,           99394, 99395, 99396, 99397	Code Group 1: Does not have diagnosis code requirements for the preventive benefit to apply.
benefit administrator. Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Screening for</u> <u>Depression in Adults</u> (USPSTF); <u>Depression in Children and</u> <u>Adolescents (Screening)</u> (USPSTF); and <u>Depression</u> <u>Screening</u> (Bright Futures).	Code Group 2 Procedure Code(s): Evaluation and Management (Office Visits): 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, G0463 Code Group 2 Diagnosis Code(s): A <u>Pregnancy Diagnosis Code</u> ; or Z39.2 (encounter for routine postpartum follow-up); or Z13.32 (encounter for screening for maternal depression)	Code Group 2: Requires one of the Code Group 2 diagnosis codes listed in this row.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines. For preventive care medications, refer to the pharmacy plan administrator.

#### Service

A date in this column is when the listed rating was released, not when the benefit is effective.

#### **Prevention of Human Immunodeficiency Virus** (HIV) Infection: **Preexposure Prophylaxis**

#### USPSTF Rating (Aug. 2023): A

The USPSTF recommends that clinicians prescribe preexposure prophylaxis using effective antiretroviral therapy to persons who are at increased risk of HIV acquisition to decrease the risk of acquiring HIV.

**Note**: This benefit also includes:

- Kidney function testing . (creatinine)
- Serologic testing for hepatitis B ۲ and C virus
- Testing for other STIs .
- Pregnancy testing when appropriate
- Ongoing follow-up and monitoring including HIV testing every 3 months

Refer to the plan's pharmacy benefit plan administrator for details on prescription medications available under the plan's preventive benefit.

#### Code(s)

**Procedure Code(s):** Kidney Function Testing (Creatinine): 82565, 82575

Pregnancy Testing: 81025, 84702, 84703

#### Office Visits:

99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463 (also see codes in the Wellness Examinations section)

Antiretroviral Therapy Injection: 96372 (Administration) J0739 (Injection cabotegravir, 1mg) G0012 (Administration)

Counseling for PrEP to prevent HIV: G0011, G0013

Pharmacy Supplying Fee for HIV PrEP: Q0521

#### **Diagnosis Code(s):**

Z11.3, Z11.4, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53 Also see the sections for:

- **Behavioral Counseling to Prevent** . Sexually Transmitted Infections
- Chlamydia Infection Screening ۰
- **Gonorrhea Screening** .
- Hepatitis B Virus Infection Screening
- Hepatitis C Virus Infection . Screening
- HIV (Human Immunodeficiency Virus) Screening for Adolescents and Adults
- Syphilis Screening ۰

**Procedure Code(s):** 

85014, 85018

## **Bright Futures**

#### Anemia Screening in Children

(Bright Futures)

### **Preventive Benefit Instructions**

Refer to Coverage Rationale, and FAQ's sections above for additional instructions.

Requires one of the diagnosis codes listed in this row in the primary position.

**Note:** Prior authorization requirements may apply, depending on plan. Refer to the Medical Benefit Drug Policy titled Long-Acting Injectable Antiretroviral Agents for HIV.

#### Anemia Screening in Children: Anemia Screening in Children: Ages prenatal to 21 (ends on 22<sup>nd</sup> birthday). No frequency limit.

Requires one of the diagnosis codes listed in this row.

Also see the Expanded Women's Preventive Health section.

Service				
A date in this column is when the listed		Preventive Benefit Instructions		
rating was released, not when the benefit is effective.	Code(s)	Refer to Coverage Rationale, and FAQ's sections above for additional instructions.		
	Blood Draw:	Blood Draw:		
	36415, 36416	Ages prenatal to 21 (ends on 22 <sup>nd</sup>		
	Diagnosis Code(s):	birthday).		
	Z00.110, Z00.111, Z00.121, Z00.129, Z13.0	Required to be billed with 85014 or 85018 <b>and</b> one of the diagnosis codes listed in this row.		
Hearing Tests	Procedure Code(s):	Ages 0-90 days: Does not have		
Bright Futures (April 2017): Hearing Tests: Recommended at	<i>Hearing Tests:</i> 92551, 92552, 92553, 92558, 92587,	diagnosis code requirements for the preventive benefit to apply.		
ages: Newborn; between 3-5 days	92588, 92650, 92651, V5008	Ages 91 days to 21 years (ends on 22 <sup>nd</sup>		
to 2 months; 4 years; 5 years, 6	Diagnosis Code(s):	birthday). Requires one of the diagnosis		
years; 8 years; 10 years; once	Examination of Hearing: Z01.10	codes listed in this row. Limit of once per year.		
between age 11-14 years; once between age 15-17 years; once	Routine Child: Z00.121, Z00.129	Limit of once per year.		
between age 18-21 years; also	<i>General Exam (for 18-21years):</i> Z00.00, Z00.01			
recommended for those that have a positive risk assessment.	<b>Note</b> : A risk assessment is included			
	in the code for a wellness			
<i>Risk Assessment</i> : Recommended at ages: 4 mo, 6 mo, 9 mo, 12 mo, 15	examination visit; see the codes in the <u>Wellness Examinations</u> row			
mo, 18 mo, 24 mo, 30 mo, 3 years,	above.			
7 years, and 9 years.				
Screening for Visual	See row above for <u>Screening for</u>	See row above <u>Screening for Visual</u>		
Impairment in Children	Visual Impairment in Children.	Impairment in Children.		
(Bright Futures)	Presedure Code(a):	Ages proposal to 2 years (and an 2 <sup>rd</sup>		
Formal Developmental/ Autism Screening	Procedure Code(s): 96110	Ages prenatal to 2 years (ends on 3 <sup>rd</sup> birthday).		
Bright Futures:	Diagnosis Code(s):	No frequency limit.		
<ul> <li>A formal, standardized developmental screen is</li> </ul>	Z00.121, Z00.129, Z13.40, Z13.41, Z13.42, Z13.49	Requires one of the diagnosis codes		
recommended during the 9	,,	listed in this row.		
month visit.				
<ul> <li>A formal, standardized developmental screen is</li> </ul>				
recommended during the 18				
month visit, including a formal autism screen.				
<ul> <li>A formal, standardized autism</li> </ul>				
screen is recommended during				
<ul><li>the <b>24 month</b> visit.</li><li>A formal, standardized</li></ul>				
developmental screen is				
recommended during the <b>30</b>				
month visit.				

Also see the Expanded Women's Preventive Health section.

A date in this column is when the listed		Preventive Benefit Instructions
rating was released, not when the benefit is effective.	Code(s)	Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
Lead Screening	Procedure Code(s):	Lead Screening:
Bright Futures: Screening Lab Work: Conduct risk	Lead Screening: 83655	Ages 6 months through age 6 years (ends on 7 <sup>th</sup> birthday). No frequency limit.
assessment or screening, as appropriate, at the following	<i>Blood Draw:</i> 36415, 36416	Requires one of the diagnosis codes listed in this row.
intervals: 12 mo and 24 mo.		Blood Draw:
<i>Risk Assessment, and Screening if positive</i> : Recommended at 6 mo, 9	Diagnosis Code(s): Z00.121, Z00.129, Z77.011	Ages 6 months through age 6 years (ends on 7 <sup>th</sup> birthday).
mo, 12 mo, 18 mo, 24 mo, 3 years, 4 years, 5 years and 6 years.		Required to be billed with 83655 <b>and</b> one of the diagnosis codes in this row.
Tuberculosis (TB) Testing	Procedure Code(s): Screening:	Ages prenatal to 21 (ends on 22 <sup>nd</sup> birthday).
Bright Futures	86580	<b>Note</b> : For age 18 years and older, also refer to the USPSTF recommendation
For age 18 years and older, also refer to the USPSTF	Follow-Up Visit to Check Results: 99211	above for <u>Latent Tuberculosis Infection</u> : <u>Screening, Adults</u>
recommendation above for <u>Latent</u> Tuberculosis Infection: Screening,	Diagnosis Code(s):	No frequency limit.
Adults.	R76.11, R76.12, Z20.1, Z00.121, Z00.129, Z11.1, Z11.7	CPT code 86580 requires one of the diagnosis codes listed in this row.
	Note for age 18 years and older: In addition to these codes, the preventive benefit also applies to all codes listed in the USPSTF recommendation above for <u>Latent</u> <u>Tuberculosis Infection: Screening,</u> <u>Adults</u> .	CPT code 99211 requires diagnosis code R76.11, R76.12, or Z11.1.
Dyslipidemia Screening	Procedure Code(s):	Dyslipidemia Screening Lab Work:
<b>Bright Futures (April 2014):</b> <i>Risk Assessment</i> : Recommended at 24 mo, 4 years, 6 years, 8 years,	Dyslipidemia Screening Lab Work: 80061, 82465, 83718, 83719, 83721, 83722, 84478	Ages 24 months to 21 years (ends on 22 <sup>nd</sup> birthday). Requires one of the diagnosis codes listed in this row.
12 years, 13 years, 14 years, 15	Blood Draw:	Blood Draw:
years, 16 years.	36415, 36416	Ages 24 months to 21 years (ends on 22 <sup>nd</sup> birthday).
<i>Screening Lab Work</i> : Conduct if risk assessment is positive, or, at the following intervals: once between	<b>Diagnosis Code(s):</b> Z00.121, Z00.129, Z13.220	Requires one of the listed Dyslipidemia Screening procedure codes listed in this
age 9-11 years; once between age 17-21 years	<b>Note</b> : A risk assessment is included in the code for a wellness examination visit; see the <u>Wellness</u> <u>Examinations</u> row above.	row <b>and</b> one of the diagnosis codes listed in this row.

Also see the Expanded Women's Preventive Health section.

Service A date in this column is when the listed rating was released, not when the benefit is effective. <b>Tobacco, Alcohol, or</b>	Code(s) See codes in the rows above:	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions. See the rows above:
Drug Use Assessment Bright Futures (April 2017): Bright Futures recommends tobacco, alcohol, or drug use assessment from age 11-21 years. Behavioral/Social/	<ul> <li>Primary Care Interventions To Prevent Tobacco Use in Children and Adolescents</li> <li>Screening and Behavioral Counseling Interventions in Primary Care to Reduce Unhealthy Alcohol Use in Adults</li> <li>Unhealthy Drug Use Screening (Adults)</li> <li>An assessment is included in the code for a wellness examination visit;</li> </ul>	<ul> <li>Primary Care Interventions To Prevent Tobacco Use in Children and Adolescents</li> <li>Screening and Behavioral Counseling Interventions in Primary Care to Reduce Unhealthy Alcohol Use in Adults</li> <li>Unhealthy Drug Use Screening (Adults)</li> <li>See the Wellness Examinations row above.</li> </ul>
Emotional Screening Bright Futures (July 2022): Bright Futures recommends behavioral/social/emotional screening annually from newborn to 21 years. Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Screening for</u> <u>Depression in Adults</u> (USPSTF); <u>Perinatal Depression – Preventive</u> <u>Interventions (Counseling)</u> (USPSTF); and <u>Depression and</u> <u>Suicide Risk Screening</u> (Bright Futures).	Examination visit; see the codes in the <u>Wellness</u> Examinations row above.	above.
<ul> <li>Depression and Suicide Risk Screening</li> <li>Bright Futures (July 2022): Bright Futures recommends screening adolescents age 12-21 years for depression and suicide risk, making every effort to preserve confidentiality of the adolescent.</li> <li>Bright Futures (February 2017): Matemal Depression Screening: Routine screening for postpartum depression should be integrated into well-child visits at 1, 2, 4, and 6 months of age.</li> <li>Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Depression in</u> <u>Children and Adolescents</u> (Screening) (USPSTF); and <u>Perinatal Depression – Preventive</u> Interventions (Counseling).</li> </ul>	See the codes in the <u>Depression in</u> <u>Children and Adolescents</u> ( <u>Screening</u> ) row above.	See the <u>Depression in Children and</u> <u>Adolescents (Screening)</u> row above.

Also see the Expanded Women's Preventive Health section.

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<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
Sexually Transmitted Infections (STI) Bright Futures (April 2017): Bright Futures recommends the following: STI Risk Assessment: Conduct risk assessment at each of the recommended visits between 11 years – 21 years. STI Lab Work: Conduct if risk assessment is positive.	See the codes in the <u>Chlamydia</u> <u>Infection Screening</u> and <u>Gonorrhea</u> <u>Screening</u> rows above.	See the <u>Chlamydia Infection Screening</u> and <u>Gonorrhea Screening</u> rows above.
HIV Screening	See the codes in the <u>HIV (Human</u>	See the <u>HIV (Human Immunodeficiency</u>
<b>Bright Futures (April 2023):</b> <i>HIV Risk Assessment:</i> Conduct risk assessment at age 11 years, 12 years, 13 years, 14 years, 19 years, 20 years, and 21 years. <i>HIV Screening Lab Work</i> : Conduct at least once between age 15-21 years. Also recommended anytime between ages 11-14 years, when a risk assessment is positive. And after initial screening, youth at increased risk of HIV infection should be retested annually or more frequently if at high risk.	Immunodeficiency Virus) Screening for Adolescents and Adults row above.	<u>Virus) Screening for Adolescents and</u> <u>Adults</u> row above.
Sudden Cardiac Arrest (SCA) and Sudden Cardiac Death (SCD) – Risk Assessment and ECG Screening Bright Futures (July 2022): All children should be evaluated for conditions predisposing to SCA and SCD in the course of routine health care. A thorough and detailed history, family history, and physical examination are necessary to begin assessing SCA and SCD risk. The ECG should be the first test ordered when there is a concern for SCA risk. The ECG should be interpreted by a physician trained in recognizing electrical heart disease	ECG Screening for those at Risk Procedure Code(s): 93000, 93005, 93010 Diagnosis Code(s): Required Screening Diagnosis Codes (requires at least one): Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129 And requires one of the following Additional Diagnosis Codes (requires at least one): I42.0, I42.1, I42.2, I45.81, I49.8, I49.9, R55, R06.00, R06.09, R53.83, R00.2, R01.0, R01.1, R03.0, Q87.40, Q87.410, Q87.418, Q87.42, Q87.43, Q87.85, Q93.52, Z82.41, Z84.81, Z82.49	ECG Screening for those at Risk: Limited to ages 11 years to 21 years (ends on 22 <sup>nd</sup> birthday). Requires one of the Screening Diagnosis Codes listed in this row and one of the Additional Diagnosis Codes listed in this row.
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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

<b>Service</b> A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	<b>Preventive Benefit Instructions</b> Refer to Coverage Rationale, and FAQ's sections above for additional instructions.
(i.e., a pediatric cardiologist or pediatric electrophysiologist).	<b>Risk Assessment</b> A risk assessment is included in the code for a wellness examination visit; see the codes in the <u>Wellness</u> <u>Examinations</u> row above.	
Hepatitis B Virus Infection Screening	See the codes in the <u>Hepatitis B</u> <u>Virus Infection Screening</u> row above.	See the <u>Hepatitis B Virus Infection</u> <u>Screening</u> row above.
<b>Bright Futures (July 2022):</b> Bright Futures recommends screening between the ages 0-21 years (perform risk assessment for hepatitis B virus (HBV) infection).		

#### Service

A date in this column reflects when the listed rating was issued.

#### Well-Woman Preventive Visits

HRSA Requirement (Dec. 2021): WPSI Recommends that women receive at least one preventive care visit per year beginning in adolescence and continuing across the lifespan to ensure the provision of all recommended preventive services, including preconception and many services necessary for prenatal and interconception care, are obtained. The primary purpose of these visits should be the delivery and coordination of recommended preventive services as determined by age and risk factors. These services may be completed at a single or as part of a series of visits that take place over time to obtain all necessary services depending on a woman's age, health status, reproductive health needs, pregnancy status, and risk factors. Well-women visits also include pre-pregnancy,

е	Code(s)	Preventive Benefit Instructions
9	<b>Procedure Code(s):</b> Well-Woman Visits: See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section.	<i>Well-Woman Visits:</i> See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section.
re ss n	<i>Prenatal Office Visits:</i> Evaluation and Management (Office Visits): 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463	<i>Prenatal Office Visits:</i> Requires a <u>Pregnancy Diagnosis Code</u> .
	<i>Pelvic Examination (add-on code):</i> 99459	Pelvic Examination add-on code 99459: Preventive care services benefits may apply to 99459 when the related evaluation and management (office visit) code is applied to the preventive care services benefit. CPT code 99459 may not be payable in all circumstances due to other policies or guidelines.
·	<i>Physician Prenatal Education, Group</i> <i>Setting:</i> 99078	<i>Physician Prenatal Education, Group</i> <i>Setting:</i> Requires a <u>Pregnancy Diagnosis Code</u> .
5	Prenatal Care (Antepartum) Visits: 59425, 59426	<i>Prenatal Care (Antepartum) Visits:</i> Does not have diagnosis code requirements for the preventive benefit to apply.

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Service		
A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions
prenatal, postpartum and interpregnancy visits.	<i>Global Obstetrical Codes:</i> 59400, 59510, 59610, 59618	<i>Global Obstetrical Codes:</i> The routine, low-risk, prenatal visits
Also see <u>Wellness Examinations</u> and other USPSTF recommendations during		portion of the code is covered as preventive.
pregnancy in the <i>Preventive Care</i> <i>Services</i> section.		Does not have diagnosis code requirements for the preventive benefit to apply.
	<i>Postpartum Care Visits (outpatient):</i> 59430	Postpartum Care Visits (outpatient): Does not have diagnosis code requirements for the preventive benefit to apply.
	Diagnosis Code(s): Pregnancy Diagnosis Codes	See above services that require a pregnancy diagnosis code.
Screening for Diabetes in	Procedure Code(s):	Diabetes Screening:
Pregnancy	Diabetes Screening:	Requires a <u>Pregnancy Diagnosis Code</u> (regardless of gestational week).
HRSA Requirement (Jan. 2023):	82947, 82948, 82950, 82951, 82952, 83036	
Recommends screening pregnant women for gestational diabetes	Blood Draw:	Blood Draw: Requires one of the diabetes screening
mellitus after 24 weeks of gestation	36415, 36416	procedure codes listed in this row and
(preferably between 24 and 28 weeks of gestation) to prevent	Diagnosis Code(s):	one of the <u>Pregnancy Diagnosis Codes</u> . <b>Note</b> : If a diabetes diagnosis code is
adverse birth outcomes. WPSI	Pregnancy Diagnosis Codes	present in any position, the preventive
recommends screening pregnant		benefit will <b>not</b> be applied. See
women with risk factors for type 2 diabetes or GDM before 24 weeks		the . <u>Diabetes Diagnosis Code List</u> .
of gestation – ideally at the first		
prenatal visit.		
Also see the <u>Screening for Pre-</u>		
Diabetes and Type 2 Diabetes and Gestational Diabetes Screening		
sections of the Preventive Care		
Services section, and the Screening for Diabetes After		
Pregnancy section.		
Screening for Diabetes	Procedure Code(s):	Diabetes Screening:
After Pregnancy	Diabetes Screening:	Requires one of the Required Screening
<b>HRSA Requirement (Jan. 2023):</b> Recommends screening for type 2	82947, 82948, 82950, 82951, 82952, 83036	diagnosis codes listed in this row <b>and</b> Z86.32.
diabetes in women with a history of	Blood Draw:	No age limit.
gestational diabetes mellitus (GDM) who are not currently	36415, 36416	Blood Draw:
pregnant and who have not	Diagnosis Code(s):	Requires one of the Diabetes Screening
previously been diagnosed with	Required Screening Diagnosis Codes (requires at least one):	procedure codes listed in this row <b>and</b> one of the Required Screening
type 2 diabetes. Initial testing should ideally occur within the first	Z00.00, Z00.01, Z13.1	diagnosis codes listed in this row and
year postpartum and can be		Z86.32.

Service

Service			
A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions	
conducted as early as 4-6 weeks postpartum. Women who were not screened in the first year postpartum or those with a negative initial postpartum screening test result should be screened at least every 3 years for a minimum of 10 years after pregnancy. For those with a positive screening test result in the early postpartum period, testing should be repeated at least 6 months postpartum to confirm the diagnosis of diabetes regardless of the type of initial test (e.g., fasting plasma glucose, hemoglobin A1c, in the first 6 months postpartum regardless of whether the test results are positive or negative because the hemoglobin A1c test is less accurate during the first 6 months postpartum. Also see <u>Gestational Diabetes</u> <u>Screening</u> and <u>Screening for Pre- Diabetes and Type 2</u> in the <u>Preventive Care Services section, and the <u>Screening for Diabetes in</u> <u>Pregnancy</u> section.</u>	And requires the following additional code: Additional Diagnosis Code Required: Z86.32 (personal history of gestational diabetes)	Note: If a diabetes diagnosis code is present in any position, the preventive benefit will not be applied. See the Diabetes Diagnosis Code List.	
Screening for Urinary Incontinence HRSA Requirement (Jan. 2024) The Women's Preventive Services Initiative recommends screening women for urinary incontinence annually. Screening should address whether women experience urinary incontinence and whether it impacts their activities and quality of life. If indicated, facilitating further evaluation and treatment is recommended.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	
Counseling for Sexually Transmitted Infections (STIs) HRSA Requirement (Dec. 2021): WPSI recommends directed behavioral counseling by a health care clinician or other appropriately	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	

Service

These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the <u>Preventive Care Services</u> section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

#### A date in this column reflects when the **Preventive Benefit Instructions** Code(s) listed rating was issued. trained individual for sexually active adolescent and adult women at an increased risk for STIs. WPSI recommends that clinicians review a woman's sexual history and risk factors to help identify those at an increased risk of STIs. Risk factors include, but are not limited to, age younger than 25, a recent history of an STI, a new sex partner, multiple partners, a partner with concurrent partners, a partner with an STI, and a lack of or inconsistent condom IISA For adolescents and women not identified as high risk, counseling to reduce the risk of STIs should be considered, as determined by clinical judgment. Screening for Human Education and Risk Education and Risk Assessment Immunodeficiency Virus Assessment See the Wellness Examinations row in the Preventive Care Services section Infection (HIV) See the Wellness Examinations row above in the Preventive Care Services HRSA Requirement (Dec. 2021): section above. Screening Tests The Women's Preventive Services See the HIV (Human Immunodeficiency Screening Tests Initiative (WPSI) recommends all Virus) Screening for Adolescents and adolescent and adult women, ages See the HIV (Human Adults row in the Preventive Care 15 and older, receive a screening Immunodeficiency Virus) Screening Services section above. test for human immunodeficiency for Adolescents and Adults row in the virus (HIV) at least once during Preventive Care Services section their lifetime. Earlier or additional above. screening should be based on risk. and rescreening annually or more often may be appropriate beginning at age 13 for adolescent and adult women with an increased risk of HIV infection. The WPSI recommends risk assessment and prevention education for HIV infection beginning at age 13 and continuing as determined by risk. A screening test for HIV is recommended for all pregnant women upon initiation of prenatal care with rescreening during pregnancy based on risk factors. Rapid HIV testing is recommended for pregnant women who present in labor with an undocumented HIV status.

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These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the <u>Preventive Care Services</u> section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

Service

A date in this column reflects when the		
listed rating was issued.	Code(s)	Preventive Benefit Instructions
Contraceptive Methods (Including Sterilizations) HRSA Requirement (Dec. 2021): WPSI recommends that adolescent and adult women have access to the full range of contraceptives and contraceptive care to prevent unintended pregnancies and improve birth outcomes	Code Group 1 Procedure Code(s): Sterilizations: Tubal Ligation, Oviduct Occlusion:58600, 58605, 58611, 58615, 58670, 58671, A4264 (See <u>Code Group 4</u> below for Tubal Ligation Follow-Up) Contraceptive Methods: Diaphragm or Cervical Cap: 57170, A4264	<b>Code Group 1:</b> Does not have diagnosis code requirements for preventive benefits to apply.
improve birth outcomes. Contraceptive care includes screening, education, counseling, and provision of contraceptives (including in the postpartum period). Contraceptive care also includes follow-up care (e.g., management, evaluation and changes, including	A4261, A4266 IUD (copper): J7300 IUD (Skyla®): J7301 IUD (Liletta®): J7297 IUD (Kyleena®): J7296 (See <u>Code Group 2</u> below for additional IUD codes)	
the removal, continuation, and discontinuation of contraceptives). WPSI recommends that the full range of U.S. Food and Drug Administration (FDA)-approved, - granted, or -cleared contraceptives, effective family planning practices, and sterilization procedures be available as part of contraceptive care. The full range of contraceptives includes those currently listed in the FDA's Birth Control Guide: (1) sterilization surgery for women, (2) implantable rods, (3) copper intrauterine devices, (4) intrauterine devices with progestin (all durations and doses), (5) injectable contraceptives (combined pill), (7) oral contraceptives (progestin only), (8) oral contraceptives (extended or continuous use), (9) the contraceptive patch, (10) vaginal contraceptive rings, (11) diaphragms, (12) contraceptive sponges, (13) cervical caps, (14) condoms, (15) spermicides, (16) emergency contraception	Code Group 2 Procedure Code(s): Contraceptive Methods: Implantable Devices: J7306, J7307 11976 (capsule removal) 11981 (implant insertion) 11982 (implant removal) 11983 (removal with reinsertion) IUDs: J7298 (Mirena®) S4989 58300, S4981 (insertion) 58301 (removal) (See Code Group 1 above for additional IUD codes) <i>Injections:</i> 96372 (administration) J1050 (injection) Code Group 2 Diagnosis Code(s): These are required for Code Group 2. <i>Contraceptive Management:</i> Z30.012, Z30.013, Z30.014, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.433, Z30.46, Z30.49, Z30.8, Z30.9	Code Group 2: Requires one of the Code Group 2 diagnosis codes listed in this row.

Service

These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the <u>Preventive Care Services</u> section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

A date in this column reflects when the Code(s) **Preventive Benefit Instructions** listed rating was issued. (levonorgestrel), and (17) Code Group 3 Procedure Code(s): Code Group 3: emergency contraception (ulipristal Anesthesia for Sterilization: Requires one of the Code Group 3 acetate), and any additional diagnosis code listed in this row. 00851, 00940, 00942, 00950, 00952, contraceptives approved, granted. 01960, 01961, 01965, 01966, 01967, or cleared by the FDA. 01968 Notes: Sterilization - Laparoscopy with Coverage includes member . Removal of Adnexal Structures: reimbursement for the cost of 58661 FDA-approved, cleared, or granted mobile device Code Group 3 Diagnosis Code(s): applications for use as This code is required for all Code contraception consistent with Group 3 Procedure Codes: the FDA-approved, cleared, or Sterilization: granted indication. Z30.2 For counseling and follow-up . care, see the Wellness Tubal Ligation Follow-Up Code Group 4: Examinations row in the Hysterosalpingogram Requires one of the Code Group 4 Preventive Care Services diagnosis code listed in this row. Code Group 4 Procedure Code(s): section above. Catheterization and Introduction of Certain employers may qualify Saline or Contrast Material: for an exemption from covering 58340 contraceptive methods and sterilizations on account of Hysterosalpingography: religious objections. 74740 Refer to the plan's pharmacy . benefit plan administrator for Contrast Material: details on pharmacy Q9967 contraceptives available under the plan's preventive benefit. Code Group 4 Diagnosis Code(s): Also refer to the Clinical Policy Tubal Ligation Status: titled Outpatient Surgical Z98.51 Procedures - Site of Service. Code Group 5 Procedure Code(s): Code Group 5: IUD Follow-Up Evaluation and Requires one of the Code Group 5 Management (Office Visit): diagnosis code listed in this row. 99211, 99212 Pelvic Examination add-on code 99459: Pelvic Examination (add-on code): Preventive care services benefits may apply to 99459 when the related 99459 evaluation and management (office visit) Refer to Code Group 7. Related Visits code is applied to the preventive care section below, for additional coding services benefit. CPT code 99459 may for Evaluation and Management not be payable in all circumstances due (Office Visits). to other policies or guidelines. Code Group 5 Diagnosis Code(s): Encounter for routine checking of intrauterine contraceptive device: Z30.431

Code(s)	Preventive Benefit Instructions
<b>Code Group 6 Procedure Code(s):</b> <i>Impacted IUD removal</i> 58562	<b>Code Group 6:</b> Requires one of the Code Group 6 diagnosis codes listed in this row.
Code Group 6 Diagnosis Code(s): Z30.432, Z30.433	
Code Group 7 Procedure Code(s): Related Visits: Related Evaluation and Management Office/Outpatient Visits for Contraception or Sterilization: 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463	Code Group 7: Requires one of the Code Group 7 diagnosis codes listed in this row. <i>Pelvic Examination add-on code 99459:</i> Preventive care services benefits may apply to 99459 when the related evaluation and management (office visit) code is applied to the preventive care
Pelvic Examination (add-on code): 99459 Also see coding in the <u>Wellness</u> <u>Examinations</u> row above.	services benefit. CPT code 99459 may not be payable in all circumstances due to other policies or guidelines.
<i>Related Pregnancy Tests:</i> Pregnancy Tests When Related to Contraception or Sterilization: 81025, 84702, 84703	
Code Group 7 Diagnosis Codes: <i>Tubal Ligation Status</i> : Z98.51 <i>Sterilization</i> : Z30.2 <i>Contraceptive Management</i> : Z30.012, Z30.013, Z30.014, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.430, Z30.431, Z30.432, Z30.433, Z30.46, Z30.49, Z30.8, Z30.9	
Counseling and Education	Counseling and Education
98960, 98961, 98962, 99242*, 99243*, 99244*, 99245*, 99341, 99342, 99344, 99345, 99347, 99348, 99349, 99350, S9443	Requires one of the diagnosis codes listed in this row for 98960-98962, 99242-99245, 99341-99345, and 99347- 99350. Does not have diagnosis code
Also see the codes in the <u>Wellness</u> <u>Examinations</u> row in the <i>Preventive</i> <i>Care Services</i> section above.	requirements for preventive benefits to apply for S9443.
Diagnosis Code(s): B37.89, N61.1, N64.4, N64.51, N64.52, N64.53, N64.59, N64.89, O91.011, O91.012, O91.013, O91.019, O91.02, O91.03, O91.111, O91.112, O91.113, O91.119, O91.13.	
	Code Group 6 Procedure Code(s): Impacted IUD removal 58562 Code Group 6 Diagnosis Code(s): Z30.432, Z30.433 Code Group 7 Procedure Code(s): Related Visits: Related Evaluation and Management Office/Outpatient Visits for Contraception or Sterilization: 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463 Pelvic Examination (add-on code): 99459 Also see coding in the Wellness Examinations row above. Related Pregnancy Tests: Pregnancy Tests When Related to Contraception or Sterilization: 81025, 84702, 84703 Code Group 7 Diagnosis Codes: Tubal Ligation Status: Z98.51 Sterilization: Z30.2 Contraceptive Management: Z30.012, Z30.013, Z30.014, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.430, Z30.431, Z30.432, Z30.433, Z30.46, Z30.49, Z30.8, Z30.9 Counseling and Education Procedure Code(s): 98960, 98961, 98962, 99242*, 99243*, 99244*, 99245*, 99341, 99342, 99344, 99345, 99347, 99348, 99349, 99350, S9443 Also see the codes in the Wellness Examinations row in the Preventive Care Services section above. Diagnosis Code(s): B37.89, N61.1, N64.4, N64.51, N64.52, N64.53, N64.59, N64.89, O91.011, O91.012, O91.013,

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Service		
A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions
listed rating was issued. to, double electric breast pumps (including pump parts and maintenance) and breast milk storage supplies. Access to double electric pumps should be a priority to optimize breastfeeding and should not be predicated on prior failure of a manual pump. Breastfeeding equipment may also include equipment and supplies as clinically indicated to support dyads with breastfeeding difficulties and those who need additional services.	O91.211, O91.212, O91.213, O91.219, O91.22, O91.23, O92.011, O92.012, O92.013, O92.019, O92.02, O92.03, O92.111, O92.112, O92.113, O92.119, O92.12, O92.13, O92.20, O92.29, O92.3, O92.4, O92.5, O92.70, O92.79, Q83.1, Q83.2, Q83.3, Q83.8,Z39.1, Z39.2 *For additional information on the reimbursement of consultation codes 99242-99245, refer to the Reimbursement Policy titled <u>Consultation Services</u> .	
	Breastfeeding Equipment & Supplies Procedure Code(s): Personal Use Electric Breast Pump: E0603 Breast Pump Supplies: A4281, A4282, A4283, A4284, A4285, A4286, A4287 Diagnosis Code(s): Pregnancy Diagnosis Codes or Z39.1.	Breastfeeding Equipment & Supplies HCPCS code E0603 is limited to one purchase per birth. HCPCS codes A4281-A4287 and E0603 require at least one of the diagnosis codes listed in this row.
Screening and Counseling for Interpersonal and Domestic Violence	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.
HRSA Requirement (Dec. 2016): Recommends screening adolescents and women for interpersonal and domestic violence, at least annually, and, when needed, providing or referring for initial intervention services. Interpersonal and domestic violence includes physical violence, sexual violence, stalking and psychological aggression (including coercion), reproductive coercion, neglect, and the threat of violence, abuse, or both. Intervention services include, but are not limited to, counseling, education, harm reduction strategies, and referral to appropriate supportive services.		

Service		
A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions
Also see the <u>Screening for Intimate</u> Partner Violence row in the		
Preventive Care Services section		
above.		
Breast Cancer Screening for Average-Risk Women	See the <u>Screening Mammography</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Screening Mammography</u> row in the <i>Preventive Care Services</i> section above.
HRSA Requirement (Dec. 2016):		
Recommends that average-risk women initiate mammography		
screening no earlier than age 40		
and no later than age 50. Screening mammography should		
occur at least biennially and as		
frequently as annually. Screening should continue through at least		
age 74 and age alone should not		
be the basis to discontinue screening. These screening		
recommendations are for women at average risk of breast cancer.		
Women at increased risk should		
also undergo periodic mammography screening;		
however, recommendations for		
additional services are beyond the scope of this recommendation.		
Screening for Cervical	Human Papillomavirus DNA	Human Papillomavirus DNA
Cancer	Testing (HPV)	Testing (HPV)
HRSA Requirement (Dec. 2016):	See the <u>Cervical Cancer Screening</u> row in the <i>Preventive Care Services</i>	See the <u>Cervical Cancer Screening</u> row in the <i>Preventive Care Services</i> section
Recommends cervical cancer	section above.	above.
screening for average-risk women aged 21 to 65 years. For women	Cervical Cytology (Pap Test)	Cervical Cytology (Pap Test)
aged 21 to 29 years recommends cervical cancer screening using	See the <u>Cervical Cancer Screening</u> row in the <i>Preventive Care Services</i>	See the <u>Cervical Cancer Screening</u> row in the <i>Preventive Care Services</i> section
cervical cytology (Pap test) every 3	section above.	above.
years. Co-testing with cytology and human		
papillomavirus testing is not		
recommended for women younger than 30 years. Women aged 30 to 65		
years should be screened with		
cytology and human papillomavirus testing every 5 years or cytology		
alone every 3 years. Women who are		
at average risk should not be screened more than once every 3		
years.		

These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the Preventive Care Services section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

Code(s)

#### Service

A date in this column reflects when the listed rating was issued.

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#### **Diagnosis Codes**

Preventive Care Services: ICD-10 Diagnosis Codes

eening for Anxiety	Procedure Code(s):	Requires the diagnosis code listed in this row.
A Requirement (Dec. 2019): Women's Preventive Services ative recommends screening inxiety in adolescent and adult nen, including those who are mant or postpartum. Optimal ening intervals are unknown clinical judgement should be d to determine screening uency. Given the high alence of anxiety disorders, of recognition in clinical trices, and multiple problems ociated with untreated anxiety, cians should consider ening women who have not n recently screened.	96127 <b>Diagnosis Code(s):</b> Encounter for Screening Examination for Other Mental Health and Behavioral Disorders: Z13.39	
see the rows for <u>Anxiety</u> rders in <u>Adults Screening</u> PSTF); <u>Screening for Anxiety in</u> dren and <u>Adolescents</u> PSTF); <u>Screening for</u> ression in <u>Adults</u> (USPSTF); ression in <u>Children and</u> lescents ( <u>Screening</u> ) PSTF); <u>Perinatal Depression –</u> ventive Interventions unseling) (USPSTF); and ression <u>Screening</u> (Bright ures) in the <u>Preventive Care</u> vices section above.		
esity Prevention in dlife Women ounseling)	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.
<b>5A Requirement (Dec. 2021):</b> SI recommends counseling ife women aged 40 to 60 years normal or overweight body s index (BMI) (18.5-29.9 m2) to maintain weight or limit yht gain to prevent obesity. nseling may include vidualized discussion of healthy ng and physical activity.		

#### **Preventive Benefit Instructions**

Preventive Care Services: Vaccine Codes

### **Benefit Considerations**

Certain plans are not required to include coverage for the services identified by the federal Patient Protection and Affordable Care Act (PPACA). Refer to the member specific benefit plan document for coverage details.

### **Clinical Evidence**

Refer to the Service column in the Applicable Codes section for the recommendation statements supporting this policy.

#### References

The foregoing Oxford policy has been adapted from an existing UnitedHealthcare Medical Policy that was researched, developed and approved by the Medical Technology Assessment Committee. [*MP.016.54*]

ACIP Vaccine-Specific Recommendations: <u>https://www.cdc.gov/acip-recs/hcp/vaccine-</u> specific/?CDC AAref Val=https://www.cdc.gov/vaccines/hcp/acip-recs/index.html. Accessed January 3, 2025.

American Academy of Family Physicians (AAFP) Clinical Preventive Services Recommendations: <u>https://www.aafp.org/family-physician/patient-care/clinical-recommendations/clinical-practice-guidelines/clinical-preventive-services-recommendations.html</u>. Accessed January 3, 2025.

American Academy of Pediatrics, Bright Futures Guidelines, 4<sup>th</sup> edition, Evidence and Rationale chapter: <u>https://www.aap.org/en/practice-management/bright-futures/bright-futures-materials-and-tools/bright-futures-guidelines-and-pocket-guide/</u>. Accessed January 3, 2025.

American Academy of Pediatrics/Bright Futures/Recommendations for Pediatric Preventive Healthcare. (For ages 0-21): <u>https://downloads.aap.org/AAP/PDF/periodicity\_schedule.pdf</u>. Accessed January 3, 2025.

American Academy of Pediatrics: http://www.aap.org/. Accessed January 3, 2025.

Centers for Disease Control and Prevention/Immunization Schedules: <u>https://www.cdc.gov/vaccines/hcp/imz-schedules/index.html</u>. Accessed January 3, 2025.

Grade Definitions for USPSTF Recommendations: <u>http://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions</u>. Accessed January 3, 2025.

July 19, 2010 IRS Interim Rules: http://www.irs.gov/irb/2010-29 IRB/index.html. Accessed January 3, 2025.

Published Recommendations, U.S. Preventive Services Task Force: <u>http://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations</u>. Accessed January 3, 2025.

U.S. Food and Drug Administration (FDA), Vaccines Licensed for Use in the United States: <u>http://www.fda.gov/BiologicsBloodVaccines/Vaccines/ApprovedProducts/UCM093833</u>. Accessed January 3, 2025.

U.S. Vaccine Names Information Page: <u>https://www.cdc.gov/vaccines/hcp/vaccines-us/index.html</u>. Accessed January 3, 2025.

Women's Preventive Services Guidelines (HRSA): https://www.hrsa.gov/womens-guidelines. Accessed January 3, 2025.

Women's Preventive Services Initiative (WPSI): <u>https://www.womenspreventivehealth.org/recommendations/</u>. Accessed January 3, 2025.

## **Policy History/Revision Information**

Date	Summary of Changes	
04/01/2025	Applicable Codes	
	<ul> <li>Added instruction to refer to the Coverage Rationale and Frequently Asked Questions (FAQ) sections of the policy for additional preventive benefit instructions</li> </ul>	
	Preventive Care Services	
	Screening for Pre-Diabetes and Type 2 Diabetes; Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral	

Date	Summary of Changes
	Counseling Interventions; Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions; High Body Mass Index in Children and Adolescents; <i>and</i> Healthy Weight and Weight Gain During Pregnancy: Behavioral Counseling Interventions
	Removed HCPCS code S9470
	Colorectal Cancer Screening
	<ul> <li>Removed coverage guidelines for Barium Enema (HCPCS codes G0106, G0120, and G0122)</li> </ul>
	Colonoscopy; Sigmoidoscopy; and Fecal Occult Blood Testing (FOBT) and Fecal Immunochemical Test (FIT)
	<ul> <li>Updated preventive benefit instructions; removed language indicating colonoscopy screening procedure codes are preventive when billed in addition to HCPCS codes G0106, G0120, and G0122</li> </ul>
	<ul> <li>Pathology and Anesthesia (for Colonoscopy or Sigmoidoscopy)</li> <li>Updated list of applicable CPT codes for Anesthesia; added 00811</li> </ul>
	Supporting Information
	Archived previous policy version PREVENTIVE 006.81

### **Instructions for Use**

This Clinical Policy provides assistance in interpreting UnitedHealthcare Oxford standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this policy, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare Oxford reserves the right to modify its Policies as necessary. This Clinical Policy is provided for informational purposes. It does not constitute medical advice.

The term Oxford includes Oxford Health Plans, LLC and all of its subsidiaries as appropriate for these policies. Unless otherwise stated, Oxford policies do not apply to Medicare Advantage members.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual<sup>®</sup> criteria, to assist us in administering health benefits. UnitedHealthcare Oxford Clinical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.