

# Behavioral Health prior authorization requirements for Rocky Mountain Health Plans Medicare Advantage and Dual Special Needs Plans (DSNP)

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The guide below outlines the CPT® and HCPCS codes to request a prior authorization for mental health services. These codes apply when Rocky Mountain Health Plans is the primary payer. Rocky Mountain Health Plans is a Dual Complete plan (DualCare Plus) payer.

## To request prior authorization for services listed:

- Participating and non-participating health care professionals may fax requests and documentation to 888-240-2689 or email [rmhpbhvm@uhc.com](mailto:rmhpbhvm@uhc.com)
- For questions about behavioral health services (including mental health and substance use disorders), call 800-701-9054 (DSNP) 877-842-3210 (MA)
- Admitting facility may give notification by calling 800-701-9054 (DSNP) 877-842-3210 (MA)

Prior authorization is not required for emergency or urgent care. Out-of-network physicians, facilities and other health care professionals must request prior authorization for all procedures and services, excluding emergent or urgent care.

## Single case agreement requirements:

For Rocky Mountain Health Plans (RMHP) Medicare Advantage and DSNP, the following codes do not require authorization, but do require a single case agreement for payment. To initiate this process, please email [bh.sca.requests@uhc.com](mailto:bh.sca.requests@uhc.com).

- 90832, 90833, 90834, 90836, 90837, 90838, 90839, 90840, 90846, 90847, 90849, 90839+ET, 90853

We update this information periodically and post those updates on UnitedHealthcare [Network News](#). You can also visit the [Advance Notification and Plan Requirement Resources page](#) > Select a Plan Type for the most current information.

Procedures and services	Prior authorization details	CPT® or HCPCS codes
<b>Behavioral health inpatient hospitalization</b>	Medicare Advantage plans require notification of admission and discharge, DSNP plans require prior authorization of inpatient hospitalization.	
<b>Partial Hospitalization Programming (PHP)</b>	Requires prior authorization	Rev code 912, 913
<b>Behavioral health intensive outpatient programming (BH IOP)</b>	Requires preservice notification, authorization necessary for services greater than 15 sessions.	Rev code 905
<b>Substance use disorder intensive outpatient programming (SUD IOP)</b>	Requires prior authorization	G0137 Rev code 906
<b>Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment</b>	Requires prior authorization	90868, 90869 and 90867
<b>UNLISTED SERVICE CODE</b>	Requires prior authorization	90899, 99499
<b>Electro-convulsive therapy (ECT)</b>	Requires prior authorization	90870 and REV code 901

If you are requesting a prior authorization for a member’s DSNP Medicaid services, please refer to [Behavioral health prior authorization RAE/PRIME](#).

**Learn more**

For more information about the prior authorization process, visit our [Prior Authorization and Notification page](#). If you have questions, call 800-701-9054 (DSNP), 877-842-3210 (MA).

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